



**WINDSOR**  
HIGH SCHOOL

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# August 2013

**SAFETY TEAMWORK ACHEIVEMENT RESPECT**



## **Windsor On Stage 2013**

### **PRINCIPAL'S MESSAGE**

It is always good to be back in the Hawkesbury at lovely Windsor High School after a holiday! I did enjoy myself of course, with my daughter in Los Angeles and visited a few of the places that the students travelling on the G'Day USA program will visit in January.

I would like to thank the students and staff for assisting Mr Coleman, the Relieving Principal, during my absence. He did a fine job and told me afterwards how much he enjoyed the school and its excellent programs.

As always, there are some students to boast about!



### **Year 10 BMX Champions**

Georgia B and Mitchell C Year 10 students at Windsor High School recently represented Australia in the World Championships BMX racing in New Zealand in July 2013.

Georgia was in the 16 Years Girls category and Mitchell was in the 16 Years boys. Georgia has been racing since she was five years old and Mitchell since he was 8 years old.

**. WALKING TOGETHER . LEARNING TOGETHER .**

Their home track is Colby Park at McGraths Hill. There were young people from 32 countries from around the world at the races. Mitchell was successful in being place 9<sup>th</sup> in the world out of 74 competitors. Georgia missed out on a place. The school is very proud of both these wonderful young people!

### Max Potential

Doris P and Owen M, Year 11 students, received their Max Potential Awards at an award ceremony at the Richmond Club on Friday 9 August. Both these students are a credit to themselves, their families and the school in their conduct of their community projects and in completing this leadership course.

There is further information and photos later in this newsletter. The Max Potential program is supported by the Richmond Club and Hawkesbury Living and is a wonderful opportunity for students to develop leadership skills. I encourage Year 11 2014 to consider participating in this program!

### Renovations and refurbishments

We are continuing to improve our facilities this year as we have for the past four years:

- The painting of the English block is now complete
- The new English computer room is functional
- The English staff have moved to their new staffroom
- The iMac computer lab is complete and working well
- There are now three mobile labs of laptops for faculties and students to use.
- We have 40 iPads ordered for students to use as part of the National Partnerships Literacy program.
- The Year 9 boys, as part of our innovative Boys Program, is working hard on garden renovations at the front of the school and in the student quadrangles.
- The refurbishment of the sound system in the Main Hall is now complete.
- We have begun our renovations of the Administration block.



We will continue to improve our facilities for students into the future.

Thanks to all parents for paying fees on time - your prompt payment of school fees allows us to provide essential resources for students in practical subjects. Please contact me at school if you need assistance in paying your fees.

### Uniform

You will have heard that we are changing the uniform in 2014. Students, parents and teachers have all participated in choosing a suitable uniform for our future. It is a big step, but one which is long overdue!

The school colours will remain bottle green, yellow and white.

We will gradually change from the existing uniform to the new uniform over the next few years. The first years to wear the new uniform will be Year 7 2014 and Year 11 2014. More information about the uniform changes will be published in upcoming newsletters and on the website.

Schools are judged by the appearance and behaviour of their students on the way to and from school. We need to all work hard to raise the esteem in which our students are held in the community, and part of this will be improving the uniform and the wearing of uniform.

If you need assistance with purchasing uniform, please contact either Ms Khalid or Ms Cam to discuss.

Mrs A Cam - Principal

## DEPUTY'S REPORT

### Academic Success – Goals beyond Semester 1 Report

It is time now for students to be setting new goals for the remainder of the school year. Students will have all received their Semester 1 report late last term and should have evaluated areas they may need to put more effort into in order to improve. Goal setting is extremely important particularly for our Year 10 students who will be selecting their HSC subjects in coming weeks and/or looking toward alternative pathways either in TAFE or employment.

There will be a Senior Options Information Evening held on the Wed 20<sup>th</sup> August where I encourage all students and their parents to attend in order to obtain as much information as possible in order to make these important decisions.

### PBL Focus

The PBL Team is currently targeting students having all of their equipment for class to ensure that students are prepared to learn. Students that are prepared will receive STAR cards from their teachers and will go into the draw to win prizes on our weekly assembly.

Recently Windsor High School participated in the National Positive Behaviour Conference held at the University of Western Sydney where we had the opportunity to showcase the work that we have put into this program across the school. Educators from across the country were very impressed with the systems that we have in place to support positive behaviour across the school. Thankyou to Mrs Khalid for all your hard work in putting this showcase together.

### Energy Drinks

All forms of energy drinks have been banned from Windsor High School. These drinks are not sold at the school canteen, however students still purchase them from local shops and then bring them into the school. These drinks certainly do not promote effective learning so we have taken this step to ensure that all students are able to concentrate and behave appropriately in class.

Students have been warned that if they bring these drinks into the school they will be confiscated and disposed of. If parents have any questions please do not hesitate to contact me at the school.

### G'Day USA

Students participating in the G'Day USA tour have recently been informed that they will fly out on the 2<sup>nd</sup> January 2014 and will be hosted in Seattle. Students involved have been fundraising to supplement the cost of the trip and several businesses have kindly donated tickets and gift vouchers that are being raffled off. Thankyou to Nepean Bell, Jenolan Caves, Captain Cook Cruises, Ettamogah Hotel, YMCA Gym and Koala Park Sanctuary for your support.

### Year 9 Boys Program

Boys that may have started to disengage at school have been offered an opportunity to participate in a work based program at Windsor High School. The program has been specifically designed to cater for students struggling to engage with a traditional pattern of study or those specifically interested in a Trade orientated pathway.

The program has been put together by Mr David Hawes, Industrial Arts Teacher and myself and currently targets boys from Year 9. There are 11 students involved in the program in 2013.

These students participate one day per week in various practical activities primarily in landscaping and construction. The boys are currently involved in the design and construction of a landscaped garden feature at the front of the school.

This requires the students to work as part of a team with each of them having the opportunity to lead the group for a period of time. The group has also had to work closely with the Principal to gain approval for the works to commence.

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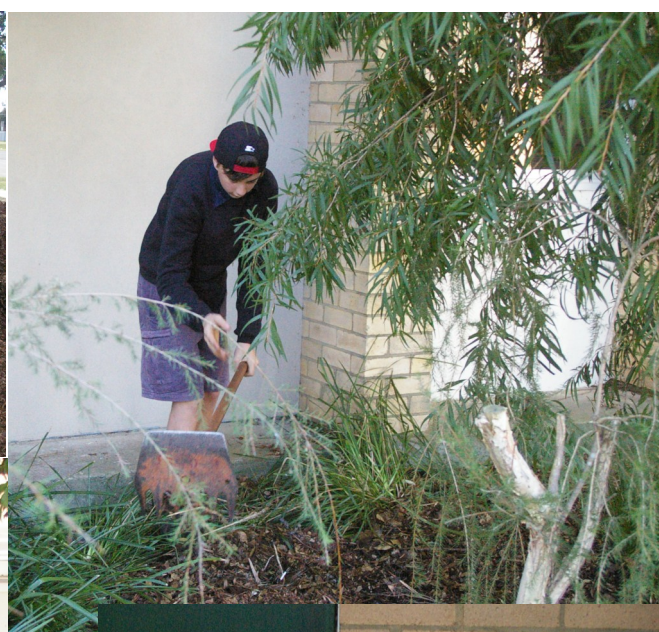
## DEPUTY'S REPORT.....cont

Students involved certainly look the part wearing an alternative uniform for the day consisting of High Visibility shirts and steel capped boots. This makes the students feel as if they are a part of the workforce rather than a student at school.

Successful outcomes include 100% attendance for all students involved on each day the program has run so far, the re engagement of students in valuable learning experiences that will benefit them in the future, the development of leadership, interpersonal and communication skills.

Any local businesses or school families who would like to donate materials to this worthwhile program would be very welcomed and much appreciated.

Mr S Mudiman  
Deputy Principal





# IMPORTANT NOTICE TO PARENTS



WINDSOR  
HIGH SCHOOL

Dear Parent,

I am writing to you about an important issue involving the behaviour of students before school in the morning.

***Students that catch the bus to school are required to immediately enter the school grounds upon arriving at school. They are not permitted to go to the local shops.***

Some students have been alighting from the bus and then walking up to the shops either at the petrol station or at McGrath's Hill Shopping centre and we have had complaints from the shopkeepers and the community about the behaviour of some students before school. There are a number of reasons that this causes problems for both the school and the community including:

- Some students are behaving in an inappropriate manner whilst at the shops, including smoking, using bad language, littering and on occasion, fighting.
- Some students return late to school after going to the shop.
- Students buy inappropriate food such as slushies or energy drinks before school.
- Some students litter the footpath with their drink or food containers on the way back from the shop.
- Some students have created problems at the petrol station by leaving rubbish on the floor.

All students have been told that they must come directly onto the school grounds when they arrive at school and remain there until the Period 1 bell. If a student refuses to comply with this requirement, then they will be subject to the school's discipline process.

You are welcome to discuss this important matter with me.

Thank you for your cooperation.

Yours sincerely,

Mrs Annette Cam  
Principal  
Windsor High School

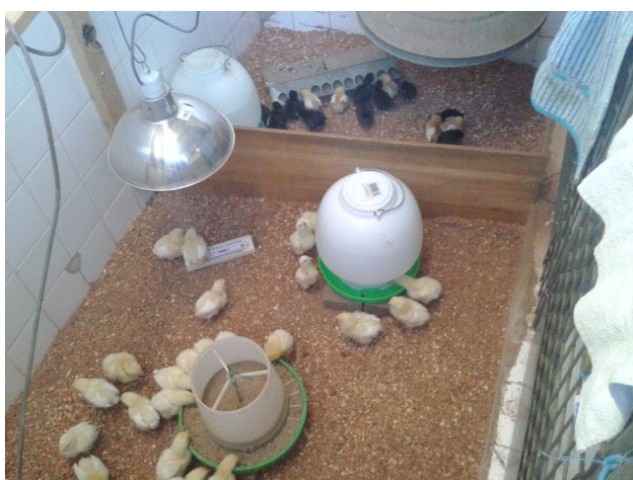
8 August 2013

## DOWN ON THE FARM

This report has been a long time coming. As always, life on the school farm has been busy and I have missed the deadline for the newsletter every time, but not this time!!! The farm is 'rocking it in' this semester with the most awesome activities for the students.

Year 9 and 10 agriculture students are creating the best vegetable gardens. This year is the first time that we have the same classes for the whole year. A great move for our subject as it allows the students to grow a greater variety of vegetables and really experience the ongoing routine activities that have to be carried out. We have potatoes, sweet peas, beetroot, corn, melons, chillies, tomatoes and much, much more growing. Their gardens look fabulous and we are very proud of their achievements.

Yr11 Agriculture students are looking at the difference in growth rates between meat birds and layers. We purchased 1 week old chicks and every couple of days they are weighted. Yr 9 Agriculture students are also using the activity to learn about keeping poultry. The weights are recorded on a spreadsheet, averages calculated and then graphed.



After 5 weeks of raising the meat birds, they are taken to Red Lea processors and returned to us frozen and ready to cook. The layer chicks will be eventually be sold – so if you are interested in purchasing some young layers please make enquiries to the Agriculture teachers. Yr10 Agriculture students are also learning about poultry. They are rearing Japanese Quail. The eggs will be collected and then incubated. The students will learn how to raise and handle baby chickens.



Every Friday afternoon a group of Yr 5 students from 2 local primary schools are involved in a program called Harvest Festival. They grow vegetables and learn about growing meat birds. In November they will harvest the vegetables and use the chickens grown to cook a meal for themselves.



This is an amazing experience for them and a fun thing for us to do. It not only involves Agriculture but also Home Science.

Primary Industries students are having a great time learning how to plough fields. The paddock that they are working on will be sown with Millet, an excellent fodder crop for our dairy goats. The dairy goats are due to kid 1<sup>st</sup> September...first day of Spring. What a way to welcome in this beautiful season!!

**Mrs E Ruis**





# WELFARE REPORT

## Tell Them From Me Survey

We are delighted that our school has been selected to participate in a Department of Education and Communities pilot of the *Tell Them From Me* student survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW pilot project is on student wellbeing, engagement and effective teaching practices. More information about the survey is available at:

<http://www.cese.nsw.gov.au/surveys/ttfm-parents>

The survey will provide our school with valuable and quick feedback on what our students think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help improve how they do things at school.

I want to assure you that the survey is anonymous and students cannot be identified by their responses. The survey is conducted online and will take around 30 minutes to complete. It will be administered during school hours on Friday 23<sup>rd</sup> and Friday 30<sup>th</sup> August 2013.

An information sheet and consent form about the survey was sent home with students. If you **did not** want your child or children to participate, forms need to be returned to school by Friday 9<sup>th</sup> August.

If you have any further questions, please do not hesitate to contact Mrs Khalid (Head Teacher Welfare) or Natalie Owen (Student Support Officer).

## Rewards Excursion – Luna Park

On the last day of Term 2, 40 students from Years 7-11 went on an excursion to Luna Park. The students were selected by their Year Advisors based on their Semester 1 report, their wearing of full-school uniform and outstanding attendance. The day started with rain, however,

this did not dampen the spirits of our students. We all ran around (including the teachers) with frizzy hair, attempting to ride every ride, demonstrating their lack of fear (well pretending to). Ryan challenged me to a go on the Rotor which I graciously declined, however, I did meet the challenge of the Flying Saucer, after the 3<sup>rd</sup> go, I wasn't feeling the best. My favourite part of the day was when Alysha went down the slide in Coney Island and didn't make it over the last bump, she was stuck and the worker had to go and assist her. Our students had a fabulous day and I was extremely lucky to attend this excursion with them.

In semester 2 we will be running two rewards excursions. Students will have an opportunity to attend the V8 Supercars at Homebush Bay and hopefully Wet n Wild will be open for other rewards days, if not, they will be invited to attend Jamberoo instead. Students again, must demonstrate the school's core values, wear full school uniform and have excellent attendance.

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# WELFARE REPORT.....CONT



Many students expressed an interest in Policing as a career, which was great to see. Students are strongly encouraged to block any unfavourable people online and to always seek help if required by their parents, teachers and police. Thank you Senior Constable Gillen for your ongoing support with Windsor High School.

**Mrs Khalid**  
**Head Teacher Welfare**

## Year 7 Cyber-Bullying Talk

On Thursday 8<sup>th</sup> July, Senior Constable Gillen spoke to our Year 7 students about being Cyber-Safe. He spoke about the importance of not sharing personal information online, to ensure they maintain positive relationships online and the repercussions of not maintaining it. Students were able to ask Senior Constable Gillen questions regarding cyber-safety, bullying and his experiences in the Police Force.



## Upcoming Events

### TERM 3 2013

- ◇ 19/8 Yrs 7 & 8 Camp - Departing 8.15am
- ◇ 19/8 RSA Training - Year 12
- ◇ 19/8 Year 11 Work Placement week
- ◇ 21/8 Yr 7 & 8 Camp concludes - Returning ? Pm
- ◇ 22/8 BStreetSmart Excursion
- ◇ 23/8 Tell them from me survey closes
- ◇ 26/8 Yr 10 Subject Selection Week
- ◇ 28/8 Riverview Centre Performances
- ◇ 29/8 Northern Beaches Excursion - HSIE
- ◇ 2/9 Parent Teacher Evening
- ◇ 4/9 Dance Performance Evening 6.30 - 8.30pm
- ◇ 6/9 Legacy Badge Drive
- ◇ 9/9 Yr 11 Exams commence
- ◇ 18/9 Year 12 Graduation





# STUDENT SUPPORT OFFICERS REPORT



## Breakfast at Windsor High

Breakfast means just that, breaking the fast. After a good night's sleep, a healthy breakfast can refuel the body and brain with the proper nutrients and energy. It has been shown to improve mental alertness and physical performance having a dramatic impact on student's behaviour during class times.

We would like to try and provide our student's with the best chance of succeeding every day at Windsor High. Therefore, it is our goal to provide a healthy alternative every day before school. We would like to thank Kelloggs, DATS-Sydney and the Family Referral Service for their generous donations of breakfast goods to kick start our Break-The- Fast program.

If your child is particularly rushed in the morning and struggles to eat breakfast at home, please encourage them to utilise this program before school. Below is some information from one of our great supporters 'Family Referral Service'. Their services are free and I would highly recommend their service.

**The Family Referral Service (Western Sydney) will:**

- facilitate access to support services for vulnerable families;
- identify appropriate services to refer people to in their local area;
- work with local services/agencies to strengthen alignment of support services in the local area; and
- provide culturally appropriate referral pathways for Aboriginal families.

We can help you access family support services, home visiting, drug and alcohol treatment programs, mental health services, family safety support, counselling, post

separation services, quality child care, housing, parenting education, supported playgroups, youth support services, and respite care. If you would like to get in contact with this service you can call 1300 403 373 or email [frs@rns.org.au](mailto:frs@rns.org.au).



Towards the end of last term we launched 'Sisterhood' for the all the female students at Windsor High. The group was originally for all female students on a Wednesday lunch time.

However, due to such a great response and different needs from the girls we have moved Sisterhood to a Monday lunch time for Year 7-9

students and Friday lunch time for Year 10-12 students. We have had a large focus on respecting ourselves and honouring each other. As a Sisterhood, we would like to believe that to see a culture of respect and honour amongst our peers we have to first be that and exemplify that in our day to day. The girls have been beautiful every week and really encouraging of each other despite what year group they are in.

Some of my highlights have included the girls being pampered with (make your own) hand scrubs, each girl writing mystery encouragements to the other girls in the room and making confectionary little tea cups to wrap and present to someone they normally wouldn't honour in their lives. I hope the girls are enjoying Sisterhood as much as Laura and myself.

We very much look forward to continuing the Sisterhood journey with the girls at Windsor High. If you have a daughter, please encourage her to come and check it out every so often as we do something different every week.

**Mrs L Douglas (Chaplain) and Ms N Owen (Student Support Officer)**

## EDUCATION WEEK PERFORMANCES

### Education Week Report – A Celebration of Student Achievement!

What a spectacular Education Week for Windsor High!

On the 30<sup>th</sup> and 31<sup>st</sup> of August Windsor High music, dance and Samba students performed throughout the day at the Windsor Riverview Shopping Centre. More than 40 students participated in performances throughout the two days to entertain shoppers, friends and family who attended the performances.

Education week is always a wonderful opportunity for Windsor high students to showcase their creative and performing talents and this year was no exception. Each day began with a fantastic celebration of student teamwork with our Samba drumming workshops, in which we were joined by Richmond High School and Windsor Public. After the Samba drumming workshops our talented dancers thrilled audiences with their captivating dance routines.

Later in the day our talented soloists and instrumentalists took the stage and performed a variety of popular songs and their own original compositions.

A special mention has to also be given to Windsor High's highly skilled Entertainment team who worked tirelessly over both days to provide staging and sound for all our entertainers.

### Mr S Bonaccorso - CAPA



## PEER READING PROGRAM

Windsor High school has introduced a Peer Reading program as part of our Whole School Literacy plan. This program has been designed to give Year 7 students extra opportunities to practise their reading skills, to further assist in the development of reading fluency and comprehension.

A number of Year 11 students have been trained up as reading tutors, and work with small groups of Year 7 students two times a week to assist them in developing the skills required to become confident readers.

The program has started with great success, allowing our Year 7 students the opportunity to read on a regular basis in an environment that is comfortable, building their confidence as readers. The participating Year 11 students are fantastic role models and are also enjoying the opportunity to work with their younger peers.

In order for this program to continue with success, students should also be given the opportunity and encouraged to read on a regular basis at home.

Our Learning and Support teachers are also happy to provide parents with additional help that may assist in improving the reading skills of students. Please contact Mrs Akrong or Miss Keir if you require more information regarding this program.





## WINDSOR ON STAGE

Windsor on Stage Matinee performance and the Inspire school concert were both held on Wednesday the 8<sup>th</sup> of August. After five gruelling days of setting up, technical and dress rehearsals it all came to a climax with two great concerts. The matinee concert was attended by 360 children from our local primary schools and they were treated to the performances of the day. Musical items included vocal solos, instrumentals, bands and dance items. The kids screamed and clapped throughout the day and it was enjoyed by all. The teachers from each respective primary school commented that it was the best concert they have attended at Windsor High.

In the evening, about one hundred family and friends attended the evening concert, which highlighted the talents of our junior and senior students. Our Year 12 HSC students had the opportunity to perform their HSC pieces and all of them were outstanding, including performances by Douglas K, Valerie J, Jasmine B, Cassandra C, Alicia M, Scott M and Alex C. Congratulations to all our students who year after year continue to raise the standard of musical performance at Windsor High.

A special thanks to all the Entertainment crew, although there are too many to name, I just have to mention a few outstanding students who worked tirelessly through the week to ensure the concert was a success. These included, Lara P, our beautiful MC and Front of House Manager, our technical experts Caitlin F, Jai K and Joshua S who looked after sound and lighting. Sometimes the real heroes are the little guys who work behind the scenes and Maddison B, Valerie J, Cholie J, Peter K and, Ashley H never stopped working to make sure the concert ran without a hitch.

The P & C as always came to our aide and supported the evening and more importantly our students with a barbeque, the canteen and other little stalls. On a final note a very special thanks to all the wonderful teachers who attended the evening and supported our students with organisation, performance preparations and sometimes a shoulder to cry on. Thank you Mrs West, Mr Cane, Mrs Metcalf and Mrs Douglas.

**Mr S Bonaccorso**  
**CAPA Faculty**



## HSIE REPORT

It has been a pleasing start to the term, and one that is already an extremely busy one for staff and students within the HSIE faculty.

There are several events to look forward to and put on the calendar:

### Year 9 Geography Excursion to The Northern Beaches

This is to be held on Thursday August 29<sup>th</sup>. Students in Year 9 have received permission notes, and should be returning these, along with the \$35 payment to school NOW. This is always a great fieldtrip day, and one that supports and offers immense assistance to students as they complete their major assignment in this course.

Please assist us in ensuring notes and payment is returned to school, along with required medical details, by Monday 19<sup>th</sup> August.

### Assessment Tasks

All HSIE subjects will have had tasks set, and due to be handed in by the time this newsletter goes to print. These can be seen below. Of course, all our senior courses have ongoing assessments.

**Our Yr 12 courses** are finalising all assessment tasks and marks, course work and revision as we get ready to farewell them from their school education at the end of this term.

**Yr 11 courses** as doing likewise, as they finalise their achievement of their Preliminary HSC, before commencing their HSC courses in term 4.

The most recent and current assessment tasks for HSIE junior courses are:

- Yr 7 & 8 Geography – Global Geography research task and questionnaire
- Yr 9 Geography – In class written response for the topic “ Urban growth and decline “
- Yr 10 History- Social and Cultural change in the 60’s scrapbook.

Please speak with your child to ensure they are in the process of completing the above, have handed them in, or if they have any questions or concerns. I would encourage all parents and caregivers to contact me at school if you have any concerns in regards to your child’s progress and understanding of assessment tasks.

Finally, as mentioned above, on behalf of the entire HSIE staff I would like to wish all of our Year 12 students across the courses we teach (Modern History, Business Studies, Business Services, Legal Studies and Retail Studies) all the best for a future filled with good health, happiness and success in their chosen paths.

**Mrs K Boyd**  
**Relieving Head Teacher HSIE**

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## FAST FORWARD PROGRAM

Fast Forward is a University of Western Sydney program that encourages high school students and their families to see tertiary study as a realistic and viable post school option and raises participants' aspirations for the future.

We currently have 10 students in each year group from Year 9 to 12 participating in the program. We have had a busy year so far with students involved in a series of in-school workshops and university days.



### Year 9 Awards Evening

In March our participating Year 9 students along with their families were invited to the Penrith Campus to celebrate their commencement in Fast Forward and also to acknowledge their academic and leadership potential.

Students were recognised and rewarded for the achievement of being selected to take part in Fast Forward.

### Year 12 Conference

Our Year 12 group attended the second annual Year 12 conference at Penrith Panthers. The Conference, titled "What's next?", This day on the different opportunities available for this group after all the exams and formals are done. Students took the opportunity to speak to industry professionals and leaders to see which pathway they would potentially take after high school.

### Year 10 and 11 University Days

Participating Year 10 students attended a day at the UWS campus aimed to provide students with valuable tools and resources that they could utilise in their future. Students were able to mingle with students from other schools and enjoy a fun learning experience.

The Year 10 activities were focused on developing the students' awareness around the decisions they have to face in life. Year 11 students will be returning to the UWS campus in August to gain firsthand information about tertiary study.



# MAX POTENTIAL

## MAX POTENTIAL 2013 award winners!

Throughout 22 weeks in 2013 Doris P and Owen M, both of Year 11, participated in the Max Potential program.

This is a program that works to accelerate personal leadership in young adults, using coaching mentoring from local business representatives. Personal leadership coaching accelerates people's ability to lead themselves and others effectively. The program encourages students to interact with their local community and work on ways they can contribute to it, and make improvements.

The 10 personal leadership principles of the program are:

- Make things happen
- Achieve personal significance
- X-out the negatives
- Internalise the right principles
- March to a mission
- Integrate all of life
- Set your focus on caring for people
- Energise your inner life
- Realign, Stay the course.

Students put these principles into action by developing a program which they organise and run within the community. Owen chose to work with the Rural Fire Service (RFS) on an awareness raising program and recruitment drive.

Doris worked with one of our intellectually disabled students in the Support Unit to improve her learning and to increase her ability to use various technologies.

A real benefit these 2 students got out of this program is the sense of achievement and the value of staying on through all the difficult times to see a project to the end. Such was the success of the program and our participants, you may have seen a wonderful article and photos in the local Hawkesbury Gazette!

The final awards ceremony was held at the Richmond Club, which supports this fabulous program and was attended by all the students from the local high schools who participated, and their dedicated coaches.

The Coaches for the program draw from various walks of life, and all have given their time freely to work with our young people.

Congratulations to both Owen and Doris for seeing the project through, for staying on through all the difficult times, for developing perseverance and for all of you for making immensely valuable positive changes and contributions to the local community.

I encourage all of next year's Year 11 students to consider taking up this excellent program in 2014. See Ms Calvert for further details.





# ACROSS THE FACULTIES IN BRIEF

## MATHEMATICS

The Maths staff are delighted to be trialling a new interactive whiteboard. This means that there are four classrooms which now have a interactive whiteboard in use. Completion of homework has improved with the introduction of the new Mymaths program. Many students are taking advantage of the homework clinic which runs each Thursday afternoon from 3.15pm to 4.00pm. Plenty of computers are available and a maths teacher is present to assist with any questions or problems which may arise.

## SUPPORT

This term the support unit welcomed Brendan B as a new class member in IS/IO.

Brendan has settled in well and tells us that Windsor High is the best school he has ever attended. Our Work Experience program has started this term with Cory and Thomas our year 12 students working at Coles in Windsor every Thursday morning so please remember to say hello when you are shopping.

The Richmond Club will again be donating their bus for the unit to use every Wednesday so our students will go bowling for sport and doing their shopping life skills training in the morning.

## TAS/SCIENCE

This term we welcome 2 groups of primary school students to participate in the "Schools Harvest" program.

Some minor class changes have taken place in the light of some excellent performances in half yearly exams.

A number of our Yr 9 & 10 students have recently attended the Science and Maths Expo day at the UWS.

## CAREERS

A busy term for Yrs 10 and 12 started with the Careers Market (July 18). For Yr 10 this marks the start of their decision time for subjects for Yr 11 and 12 or a chance to look at apprenticeships post Yr 10. Important dates for Yr10 are the Options Day (August 13) and the Information Evening (August 20).

For Yr 12 this term will involve the application processes for university, TAFE, Private Providers or full time work, as well as lots of study for the HSC. GOOD LUCK to both years in making their decisions - remember to ask your teachers and parents for help.

## HAWKESBURY



**VENUE:** RICHMOND CLUB

**TIMES:** JUNIOR 5-11years old 5-6.30pm (Cost \$5)  
SENIOR 12-17years old 7-10pm (Cost \$11)

**Remaining Dates:** 26<sup>th</sup> July, 2013

30<sup>th</sup> August, 2013

27<sup>th</sup> September, 2013

25<sup>th</sup> October, 2013 (Halloween)

29<sup>th</sup> November, 2013

MORE TIMES YOU COME THE MORE CHANCES TO WIN A TABLET.

SUNDAY 25TH AUGUST

## MARROOTA MUSTER

10 to 3PM

MARROOTA PUBLIC SCHOOL  
OLD NORTHERN RD, MARROOTA  
ANNUAL FUNDRAISING EVENT

Jewellery, Cakes, Gifts,

Chocolate Wheel, Great Food,

Kids Knight School, Petting Zoo,

Locally Grown Fresh Fruit & Veg,

Tractors, Sheep Shearing,

Bungee Trampoline, Mini Jeeps,

Show Bags, and Stalls Galore



### STALL HOLDERS WANTED

For further details or to book a stall

Email: marootapandc@hotmail.com or phone Vicki 0487 204 044

All money raised goes to Marroota Public School



**WINDSOR**  
HIGH SCHOOL

# Information for Year 10 Options

The following are the major events that all students should attend to make sure they understand all their options for 2014.

- ⇒ The Year 10 Information Options Day August 13
- ⇒ The Year 10 Information Night August 20
- ⇒ The Options Interviews August 26 and 27

## Program for Options Day August 13.

Mrs Calvert will give students an overview of the program.

David Liptak, TAFE Course Counsellor, will talk about TAFE and TVET opportunities

UWS prospective students unit will present students with information about University entrance and University life.

Mrs Boyd will give students information about applying for apprenticeships and employer expectations.

Think Education Group will give students information about Private Provider options for Education and Training.

Mrs Stone, DET School Based Traineeship and Apprenticeship Coordinator will give students information about this option

**For more information  
Ring Mrs Calvert or  
Mrs Horan on 45877122**

## Parents can help

**Come to the Information Night and the Options Interviews.**

## Decision time for Year 10!

**Options Interviews**  
will take place on  
August 26 and 27

**Parents Welcome**

## Information Night August 20, 6.30pm

Presentations will help students and parents find out about all the opportunities that are available for students. Exhibitors include APPRETICEPOWER Group Training, TAFE, University of Western Sydney, the DEC School Based Apprenticeship Coordinator and Private Provider representatives. Staff and student representatives from our Faculties will showcase the great subjects we offer for the HSC.

Students will also be given information about their RoSA and procedures at the end of Year 10



## COMMUNITY ANNOUNCEMENTS

RESPECT

ACHIEVEMENT

TEAMWORK

SAFETY



**What's Up West?**  
*DIY Reality*

**FREE** food, games, prizes, bands, performances and more

**When**  
26-27 September 2013

**Where**  
Joan Sutherland Performing Arts Centre, Penrith

**Cost**  
**FREE**

Are you aged 12-18 and want to make a change in your community? Join us at What's Up West for two jam-packed days. Be inspired, meet like-minded people from all over Western Sydney and get equipped to make a difference.

**Info / Registration**  
Contact Lawrence at:  
[conference@youthaction.org.au](mailto:conference@youthaction.org.au)  
or call 8218 9811  
<http://whatsupwest.eventbrite.com.au>

Scan me!

**YOUTH ACTION**  
**outburst!**

### DO YOU WANT AN APPRENTICESHIP?

**But don't know where to start? **apprenticepower** are here to help you!**

**apprenticepower** will be conducting bulk testing at your school for gaining apprenticeships in January 2014.

We cover the following trades:

- ✓ Automotive
- ✓ Business Services
- ✓ Hospitality
- ✓ Commercial Cookery
- ✓ Civil Construction
- ✓ Drafting
- ✓ Electrical
- ✓ Engineering Manufacturing
- ✓ Horticulture

Bulk Testing will be taking place on Tuesday September 3, period 2 in the library. Please talk to your school careers adviser to put your name down for this session.

### The 2013 Western Sydney Apprenticeship & Traineeship Expo is drawing closer!

With the support of the principal partner, Apprenticepower, this year's Expo will again be held at **Penrith Panthers Exhibition Marquee – Mulgoa Road Penrith** on **Tuesday September 3, 2013** with an expected 100 exhibitors on hand to discuss apprenticeship & traineeship opportunities.

General admittance for students and their families is 5.30pm to 9pm

apprenticepower is proud to be the principal partner of the  
**2013 Western Sydney Apprenticeship  
and Traineeship Expo**



**Penrith Panthers Exhibition Marquee, Mulgoa Road**

**Tuesday 3 September 2013**

**4:00pm – 5:30pm Ticketed Session**

**5:30pm – 9:00pm Free Public Entry**

The perfect opportunity for students and job seekers to talk with  
potential employers and training providers.

If you're interested in being an exhibitor, contact us at  
[expo@apprenticepower.com.au](mailto:expo@apprenticepower.com.au) or call 13 72 77

Brought to you by:





# COMMUNITY ANNOUNCEMENTS



## Hawkesbury JobShop

WINDSOR RSL



Australian Government

Department of Education, Employment  
and Workplace Relations

Department of Human Services  
Centrelink and  
CRS Australia



Group Training  
Association  
of NSW & ACT



Are you 16-25 and looking for a job?  
In this **JobShop** experts will help you access  
jobs, share tips, practical insights and  
how to market yourself to employers.

**FREE  
ENTRY**

### What?

- Invest 2 hours to win that job
- Discover jobs available in the Hawkesbury area
- Find out about Apprenticeships & Traineeships
- Training to improve skills, TAFE & Community College
- Winning resumes
- Talk to employers

### Where?

Windsor RSL  
Cnr Mileham Street & Argyle Street  
South Windsor

### When?

Wednesday  
18 September 2013  
5:30pm for 6pm start

Parents & Carers are  
welcome.  
Get a free USB.



*JobShop* is funded by the Australian Government in partnership with the  
Hawkesbury Community.  
No need to register - just come!

Version 3.0 12.07.2013

## COMMUNITY ANNOUNCEMENTS

# PHOTOGRAPHY AND SHORT FILM COMPETITION

## Theme: Valuing Diversity

### FIRST CATEGORY

#### Still photographs

Handed in as: Prints (any size) or  
Electronic photos on a USB or disc.

### SECOND CATEGORY

#### Short film

Any genre E.g. documentary, drama  
or comedy. Films must be no longer than 3  
minutes including credits.

### Each category has two divisions:

SENIOR which includes students in Years 10, 11 and 12

JUNIOR which includes students in Years 7,8 and 9

### DUE DATE:

Friday 13th September  
to the Principal

### PRIZES

First prize for each division will be \$100  
Second prize for each division will be \$50  
Third prize for each division will be \$25





## COMMUNITY ANNOUNCEMENTS

# Cheap prices make lending a hand easy!\*



If you have always wanted to give something back to the environment, provide aid to citizens in a third world or emerging country, work overseas or have the ability to express yourself in a second language, then our 18+ programs are perfect for you.

**For more information call 1300 884 733**

\* Volunteer Abroad has entry level prices lower than other Australian based companies offering similar programs.



PO Box 260, Black Rock 3193, Melbourne, Victoria  
telephone 61 (0) 3 9598 4733 email [info@volunteerabroad.com.au](mailto:info@volunteerabroad.com.au)

**[www.volunteerabroad.com.au](http://www.volunteerabroad.com.au)**

WEP Australia Pty Ltd ABN 95 079 169 289



## COMMUNITY ANNOUNCEMENTS

RESPECT

ACHIEVEMENT

TEAMWORK

SAFETY

# RAISING WOMEN

A unique opportunity to celebrate your girl's journey into womanhood



**PROGRAM AND 2-DAY BUSH CAMP FOR GIRLS AGED 13-15 AND THEIR MOTHER OR A FEMALE MENTOR. INCLUDES FOLLOW UP & FATHERS' PROGRAM.**

*The Raising Women program equips girls with the knowledge they need to blossom into womanhood in a truly healthy way. Girls are welcomed into womanhood and acknowledged by a group of older women, mothers and facilitators, who carry the stories, mysteries, insights and wisdom to support the girls. The rite of passage process strengthens the relationship between mother and daughter, supports and acknowledges the gifts and qualities of the young women and provides them with vital life education.*

A safe and appropriate rite of passage is missing in our modern society. This is a fantastic opportunity for our girls to receive the support they need from older women at this critical time in their life.

NEXT CAMP

## 4 - 6 October

**BOOK NOW AS PLACES ARE LIMITED**

(02) 6684 3892  
info@raisingwomen.com.au  
www.raisingwomen.com.au



An initiative of

**UPLIFTING AUSTRALIA**

INSPIRING CHILDREN · CONNECTING FAMILIES





## Bella Vista

### Upcoming events & programs

#### Ideas for Parenting Teens

\$25 / \$15 conc – 4 Nov 6-9pm

A 3 hour seminar that will assist parents to:

- Understand what is normal adolescent behaviour
- Reduce the anxiety inherent in raising teenage children
- Develop skills to communicate & negotiate with teenagers

#### The Challenge of Disciplining your Child

\$25 / \$15 conc – 28 Oct 6-9pm

A 3 hour seminar that will assist parents of children aged 2 – 12 years old to:

- Understand what positive discipline means and how to set clear boundaries that children respect and learn to appreciate
- Use conflict as a tool to improve relationships
- Use tips and hints on different discipline techniques

#### Being A Dad

\$75 / \$45 conc – 8, 15 & 22 Oct 6-9pm

A 3 session program that will assist fathers to:

- Explore the importance of being a Dad
- Discover new ways to connect with their children
- Be able to discipline constructively
- Deal better with conflict

#### Building Connections

\$25 / \$15 conc – 12 Sep 6-9pm

A 3 hour seminar to help separated parents have healthy & strong relationships with their children.

Topics include:

- Impact of separation and conflict on children
- Ways of communicating with the other parent
- Setting goals for future parenting
- Support services available to you

#### Partners in Depression

\$150 / \$90 conc – commencing 10 Oct 10am-12pm

A 6 session group program for people supporting a person with depression. Topic areas include:

- Depression & its treatments
- Strategies for managing your relationship with a person who has depression
- Skills for improving your capacity to cope, manage stress and care for yourself

#### Positive Parenting

\$25 / \$15 conc – 27 Aug 6-9pm

A 3 hour seminar that will assist parents of children aged 3 – 8 years old to:

- Know and acknowledge each child as an individual
- Understand the power of focusing on what children are doing well
- Deal with what children do that is not working for themselves or others

#### Being A Grandparent

\$15 – 11 Nov 6-9pm

A 3 hour seminar that assists grandparents to:

- Understand the importance of their role in children's lives
- Be a positive role model for their grandchildren
- Connect better with their grandchildren

#### Seasons for Growth

\$50 – 6-8 years 24, 31 Jul, 7, 21 & 28 Aug 4-5.30pm

9-10 years 25 Jul, 1, 8, 22 & 29 Aug 4-5.30pm

A 5 week program held in small groups assisting young people to:

- Understand and talk about the normal range of emotions experienced during major change, grief & loss
- Build positive relationships with family & friends
- Explore the skills needed for resiliency



**Phone 8882 7850**  
**Bookings essential**

[www.interrelate.org.au](http://www.interrelate.org.au)  
**1300 736 966**



**SAFETY . TEAMWORK . ACHEIVEMENT . RESPECT**

## **Windsor High School Uniform Shop Price List - JULY 2013**

### **ALL STUDENTS**

Sloppy Joe	\$30.00
Jacket (optional)	\$45.00
Knitted Jumper (Sml-Med)	\$40.00
Knitted Jumper (Lge-3XL)	\$45.00
P.E Track Jacket (stripe)	\$ 35.00

### **JUNIOR BOYS.**

Grey Cargo Shorts	\$25.00
Grey Cargo Pants	\$35.00
White Shirts	\$15.00
White Polo	\$16.00

### **JUNIOR GIRLS.**

Pleated Skirt - Tartan	\$38.00
Straight Skirt - Tartan	\$38.00
White Blouse	\$15.00
White Polo	\$16.00

### **SENIOR BOYS.**

Grey Cargo Short	\$25.00
Grey Cargo Pants	\$35.00
Yellow Shirt	\$15.00
Yellow Polo	\$16.00

### **SENIOR GIRLS.**

Pleated Skirt - Tartan	\$38.00
Straight Skirt - Tartan	\$38.00
Yellow Blouse	\$15.00
Yellow Polo	\$16.00
Green pants (Stretch)	\$35.00

### **P.E UNIFORM – BOY & GIRLS**

P.E Shorts (stripe)	\$ 20.00	Bottle Green/Gold
P.E Shirt	\$ 25.00	Bottle Green/Gold
P.E Track Pants	\$ 30.00	Bottle Green

## **OPENING HOURS**

**Tuesdays and Thursdays**

***8.00 am - 8.45 am***

**. WALKING TOGETHER . LEARNING TOGETHER .**