

WINDSOR HIGH SCHOOL

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May, 2014 SAFETY TEAMWORK ACHIEVEMENT RESPECT

Students conducting our Anzac Day Ceremony



PRINCIPAL'S MESSAGE

Welcome to Term 2! This is always a very busy term for all students and teachers! There are many activities scheduled in this term, all of which are really important to improving the school.

This term are students' halfvearly exams and also semester one reports so we can let you know how your child is progressing with their learning. If you are at all concerned about your child's progress with their learning or if you just want to have a chat, please take the time to give us a call.

Congratulations go to Dean Frew who has again shown outstanding levels of achievement in baseball and will be off to USA for baseball later this year. You can read more about Dean later in this newsletter or check out the news on our Facebook page.

Lesson Study

This term we have begun Lesson Study across the facilities of English, PDHPE and CAPA. This is an important initiative for our teachers to assist them share, reflect and improve their practice. teaching More faculties will participate in Lesson Study in Term 3.

. WALKING TOGETHER . LEARNING TOGETHER .

In Lesson Study, teachers work in pairs to plan a lesson strategy, observe each other's teaching, reflect on the lesson and refine what they are doing. Evidence shows that professional learning these sorts of experiences drive improvement in classroom practice and help children learn better. Teachers are focussing on literacy strategies which will help students of all age groups improve in reading and writing.

Year 12 Academic Review

We are currently conducting academic reviews of all Year 12 students. These reviews are conducted by the Year Adviser (Ms Walker), Head Teacher of Year 12 (Ms Thompson), DP Mr Mudiman and the Principal. As part of the review, the Careers Adviser Ms Calvert organises the exits plans for all year 12 students. Exit plans focus on the wishes and need of students post-HSC. Most of our students plan to attend university or to enter TAFE courses.

During the review, the student presents all examples of their work including class notes, assessments, and discusses aspects of their learning. We link students up with trained tutors who assist them complete aspects of their assessments or develop understanding of areas of work that they find difficult.

Windsor High is very proud of its extensive tutor program and I encourage all senior students to take full advantage of this free service.

Senior School Review

Windsor High School, in collaboration with the University of Western Sydney, is conducting a review of its practices in the senior school. The review will include aspects of how well we prepare students in the junior school for their studies in senior years.

We will start this review towards the end of this term and conclude it in term 3. The review is to examine how the school caters for the academic and learning needs of the students in seniors years. As part of the review parents, teacher and students will be surveyed to ask about their opinions and attitudes to many aspects of school life including:

What it takes to achieve well in their HSC

Do students want an ATAR to go to university

Do we provide the courses that students want for their year 12 courses

How can we improve what we do.

The Senior School review will ask parents as well if they want to participate in the review as well; if you want to complete the survey then you will be able to find it on the website or ask for a hard copy and we will send it home with your child.

The school will also collect and exam data about our students' past levels of achievement, attendance, curriculum patterns as well as attitudes to schooling and to post schooling goals.

If you want any further information or if you would like to be involved in some way, please contact the Principal.

Collection of updated family data.

Our school has been fortunate to get additional funding this year which we use to employ additional teaching staff and additional executive teachers, such as a second DP. We also employ extra SLSOs (teachers' aides) and trained tutors to work with our students.

This money is given to us based upon the information the Department of Education holds about the families of our students. This is the information that is on the student's enrolment forms. For some of our families some of this information is missing and it could affect our funding for 2015.

It is urgent that we collect complete information about all families of our students over the next few weeks so either Ms Christine Murphy the Senior Administration Manager or the Principal will contact those families affected for a chat. The information is kept confidential.

Thank you in anticipation of your help! Please let me know if you have any concerns about your information or the purpose for which it is collected.

Annette Cam Principal

SAFETY

DEPUTY'S REPORT

It has been an extremely busy start to Term 2. Congratulations to the HSIE faculty for their moving tribute to our service men and women at our annual ANZAC ceremony earlier this term. The students were, as they always are at such events, Fantastic! Congratulations also to Mrs Windon and Mrs Horan for their organisation of the schools cross country carnival also held earlier this term. We had some excellent results with several of our students moving on and participating at Zone level and now at Sydney West. The rest of the term will undoubtedly be extremely busv with examinations and reports all to be completed in what is a very short term.

Merit Awards

Students who continue to demonstrate outstanding achievement at Windsor High are eligible to receive a merit award. I would like to remind both staff and students that this is an excellent way to recognise student achievement and promote the positive things that happy at Windsor High School every day. Details of the Windsor High merit system are listed below:

- Students that exhibit outstanding effort and achievement in class will firstly receive a Faculty merit award
- 3 faculty merit awards equal a Head Teachers award
- 3 Head Teacher awards equal a Year Advisors award
- 3 Year Advisors awards equal a Deputy Principal's award
- 3 Deputy Principal's awards equal a Principal's award

Students are reminded that any student that receives a Principal's award this year will go into the draw to win an iPad. Last year we had 3 such students, hopefully this year there will be many more. Good Luck!

Mobile Phone Policy

Windsor High School's mobile phone policy is 'Off and Out of Sight'. Students were recently reminded of this on an



assembly and were told that if phones or iPods were being used in class that the teacher would ask the student to hand in their phone. I would like to ask parents for their support in reminding their children of this expectation to ensure that teaching and learning in classrooms is not disturbed by these devices.

Appropriate Language at School

Students have recently been reminded that inappropriate language (swearing) will not be tolerated at Windsor High. This includes swearing at teachers and other students. I should say that in general it is only a very small percentage of our students that forget to use their manners. Therefore, in line with the Department of Education's 'Suspension and Expulsion of School Students Procedures' this will be treated as *hostile behaviour* toward staff or students and as such may result in a suspension from school for aggressive behaviour. Students are often reminded by me and the rest of the staff to follow our core values of Safety, Achievement, Teamwork and Respect, thus ensuring a positive and productive school day for all.

Examinations

Last week our Year 7 and 9 students participated the in NAPLAN annual examinations. lt was great to see the students working SO diligently on what will certainly provide additional information



to teachers to support our students. Can't wait to see the results. Half Yearly Examinations for Year 11 will commence in Week 5, Monday 26th May and Years 9 and 10 the following week starting 2nd June. Students need to ensure that they are adequately prepared for their exams by revising work covered in class throughout the semester. I would like to take this opportunity to wish all of our students the best of luck in their upcoming exams.

Mr. S. Mudiman Deputy Principal

HSIE HAPPENINGS

Term 2 has been a very busy term for staff and student and continues to be so as we work towards finalising course work and assessment tasks for semester 1.

Most classes across years 7-10 will currently have assignments to finalise before end of course examinations across weeks 5 & 6.

Some students may have received an N Award letters notifying them of non completion of an assessment task or insufficient completion of course work. If you child has received an N Award letter, it is crucial that they complete and submit the relevant missing work by the due date as indicated on the letter.

Now would also be a great time to ensure you child is revising and studying their workbooks, in order to maximise their result in the course final examination. This is the case for all year groups, particularly Year 12, who have the trial HSC examination in the last 2 weeks of this term.

Thank you to the vast majority of students who continue to work very hard in class and on assessment work. Some exceptional work has been produced across all HSIE classes, led by some excellent teaching and engaging lessons from the entire HSIE staff.

One event to look forward to in term 3 will involve **Year 9 Geography** classes. As part of the work they will be completing in term 3 relating to Australian Geographical Issues is Urban Growth and Decline, all Year 9 will be expected to attend an excursion to the city. The excursion will involve investigations relating to the issue around Circular Quay, The Rocks and

Darling Harbour. Transport will be via state rail on the day and the cost of the excursion will be just over \$30. This will



include the cost of expert guides, as well as worksheets to complete and assist in the completion of an assessment task connected to the excursion.

Mrs Kellie Boyd (Relieving HT HSIE)

KEYBOARD RAFFLE WINNERS

1st Prize—Mara Slawski

2nd Prize—Mrs B Woodford

3rd Prize—Mr J Kingston

Thank you for all who bought raffle tickets toward the purchase of

a keyboard for the Music Department

DOWN ON THE FARM

The Show Team have exhibited at many Shows since the start of the school year. Morisett, Newcastle, Castle Hill, Hawkesbury and of course the biggest one, Sydney Royal Easter Show. Taking the goats around the countryside allows the students and the goats to practice being in the show ring. By the time the Royal comes around, not only do we have incredibly well behaved

goats, but exceptionally good handlers! We have had great successes with our goats and at most shows awarded at least one Champion ribbon amongst the Senior, Junior and Kid classes.

Sydney Royal Easter Show is a great experi-

ence for the students. The cars, trailers and floats all have to be packed with our stuff, goat stuff and enough food for everyone. We stayed at the showground in the Paddington Pavillion for 6 days in rooms above the animal pens. At times it got difficult because we all got tired from lack of sleep (up at 5.30am each morning). This year Rhiannon Williams, Renee Taylor, Anastasia Martin, Nicole Nagle, Bianca Duddek and Ashley Howarth were representing our school.

Our goats were quite successful this year. Our main winners were: Hanella Tyra – Reserve Senior Champion Toggenburg Doe, Windahla Toffee – Junior Champion Toggenburg Doe, Windahla Eclipse – Champion British Alpine Doe Kid and Windahla Luna – Reserve Champion British Alpine Doe Kid.

Our students also competed in the Youth Parader and Junior Judging Competitions.

Anastasia Martin won the Youth Parader competition and Ashley Howarth was runner-up in the Junior Judging competition.

All this wouldn't happen if it wasn't for the dedication of the students, the parents and also our Principal. Parents of Renee, Leslie and Steve Taylor, were an amazing help getting the equipment and students to and from the showground, making everything run that little bit smoother and calmer. Mrs Cam also attended the Royal and watched

> the students in the competitions. The students and I appreciated her showing support for this program.

> Other things that have been happening on our school farm: Helen Palmer -Williams entered our vegetables into the Hawkesbury Show and we won 1st

prize with beetroot and 2nd prize with spinach. Our chickens are laying eggs exceptionally well... one of chickens has to outdo all the others and each day lays an egg twice the size of the others! The herb garden is very productive with Basil, Coriander, Chives, Mint, Thyme and Garlic. Year 9 Agriculture are becoming expert vegetable growers and Year 10 Agriculture are setting up tanks as part of their course in Aquaculture. Liz Ruis



SAFETY

LIBRARY NEWS CBC Shortlist 2014

School price list and order form

OLDER READERS



A deliciously dark bubblegum-gothic fairytale from a stunning new Australiantalent. "He's gone the same way as those little birds that both and me with their awful songsi And you will too, you and your hortble heart-music, becaus you won't stay out of my woodd! "There's a deadgirlin a birdcage in the woods. That's not unusual. Loola will see sets all of things ofter people don't. But when the girlappeas at lools's window, her every word a threat, isola needs help. Her real-life friends - Grape, James and new boy Edgar - make her forget for a while. And her brother-princes - magical creatures seemingly lifted from the pages of the French fairytales toola idoless - will protect her with all the firee love they possess. It maynot be enough, lool an eedsto unow re the truth behind the dead girl's demise... before the ghost steal is too's list breath.

Life in Outer Space by Melissa Kell

Sam Kinnison is a geek, and he's totally fine with that. He has his homor movies, his nerdy friends, Worldof Warcraft - and until Princes stela turns up in his bedroom, worry about girls he won't. Then Camilla Carter arrives on the scene. She's beautiful, friendly and completely imelevant to his plan. Samis determined to ignore her, except that Camilla has a planof her own - and he seems to be a part offt Sam believes that everything he needs to know he can learn from the movies. But perhaps he's been watching the wrong ones. Life in Outer Space is Melissa Kell's brilliantly sweet and funny 'A debut.

The First Third by Will Kostakis

Life is made up of three parts: in The First Third, you're embarrassed by your family; in the second, you make a family of your own; and in the end, you just embarrass the family you've made. That's how Billy's grandmother explains it, anyway. She's given him her bucket list (que embarrassment), and now, if is his job to glue their family back together. No pressure or anything. Fibing his family's not going to be may and Billy's not mady for change. But as he soon discovers, the first third has to end some time. And then what? It's a Greek tragedy waiting to happen.

The Incredible Here and Now by Felicity Castagna



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Michaek older brother dies at the beginning of the summer he turns 15, but as its title suggests The Incined bie Here and Now & a tale of wonder, not of tragedy. Presented as a series of vignettes, in the tradition of Sandra Cinneros Young Adult classic The House on Mango Street, it tells of Michaek coming of age in a year which brings him grief and romance; and of the place he flows in WesternSydney where those who dont know any better drive through the neighbourhood and lock their car doors, and those who do, flows in its mix of allures. Through his perceptions, the mader becomes familiar with Michaels community and its surroundings, the unsettied life of his family, the gri he meets at the local pool, the friends that gather in the McDonalds parking lot at night, the white Pontiac Trans Am that lights up his life like a magical talisman.

The Sky So Heavy by Claire Zorn

For Fin, it's just like any other day — racing for the school bus, bluffing his way through class and trying to remain cool in front of the most sophisticated girl in his universe. Only it's not like any other day because, on the other side of the world, nuclear missiles are being detonated. When Fin wakes up the next morning, it's dark, bitterly cold and snow is failing. There's no internet, no phone, no TV, no power and no parents. Nothing Fin's kernet in school could have prepared him for this. With his parents missing and dwinding food and water supplies, Fin and his younger brother, Max, must find a way tosurvive in a nuclear whiter... all on their own. When things are at their most desperate, where can you go for help?

Wildlife by Fiona Wood

Life? It's simple: be true to yours of The tricky part is finding out exactly who you are... ", in the holidays before the dreaded term at Crowthorne Grammar'soutdoor education camp two things out of the ordinary happened. A picture of mews plastened all over a twenty-metre billboard. And I kissed Ben Capaidi.",Boarding for a term in the wildemess, subteen year-old Shyla expects the gruesome outdoor education program - but friendship compilications, and/ove that go eservenor? They! se extra-curicula.Enter Lou from Shi Impossible Things - the reluctant new girl for this term in the great outdoors. Fragilieb ebindan implacable mask, she lisprieving a death that occurred all most a year ago. Despite herself, Loubecomes intrigued by the unfolding drama between her housemates Sibyla and Holly, and has to decide whether to end herself-imposed detachment and join the finay. And a Sibyla comforts a tangle of betrayal, she needs to me optiate everything she thought she knew about surviving in the wild.A story about first love, friendship and NOT fitting in.

RESPECT

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To Dean Frew

Dean has been selected to the Australian Squad for Baseball.

Windsor High School

HAWKESBURY HOMEWORK HUB



Need some extra help with your child's projects and assignments?

Having trouble keeping up with your child's homework?

Drop them off at the new Hawkesbury Homework Hub in Richmond and we will help get it done!

Every Wednesday afternoon from 3.30pm until 5pm

Kindergarten to Year 12

Supervised by accredited teachers and learning support officers with many years of experience

This is a not-for-profit service but there will be a small fee of \$5 to cover costs and afternoon tea.

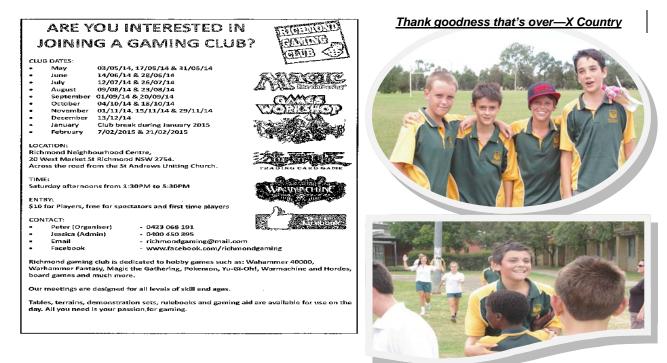
Call Lynette on 0404838002 for more information.

Hawkesbury Skills Incorporated

23 Bosworth St

Richmond NSW 2753

Find us on Facebook - Hawkesbury Homework Hub



Windsor High School Uniform Shop

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Windsor High School

SAVE THE DATE	HSC LECTURES @PENRITH CITY LIBRARY
Looking for a job? Need help to choose and start your career? Interested in an apprenticeship or traineeship? Hawkesbury JobShop Where: Windsor RSL, Chr Mileham Street & Argyle Street Sth Windsor When Wednesday 11 June 2014 Time 5:15 pm for 5:45 pm start. Finish by 7:30pm	Mathematics 2 Unit, Wednesday 4 June 2014 5:30pm – 7:30pm Tickets: 30 This two-hour lecture will provide an overview of the HSC Mathematics 2 unit course. It will cover all topics and focus on common HSC style questions and gives a hands-on approach, linking concepts with real examples. Business Studies Seminar, Thursday, 5 June 2014 5:30pm – 7:30pm Tickets: 30 In this two-hour session, students will get an overview of the course, past HSC questions and gain business report writing skills. English – Belonging (area of study) and essay writing skills with Larry Grumley Saturday, 7 June 2014 11:30em – 1:30pm Tickets: 80 This lecture will highlight key points on the 'Belonging' area of study and essay writing skills required for HSC exams.
 Find out about and APPLY for current jobs, apprenticeships and traineeships Get tips from experts about which jobs are in demand and how to find them Discover jobs available in Hawkesbury and surrounding areas Learn how to market yourself to employers Build your skills through training to create a career pathway Talk with employers, training organisations and employment service providers Friends and parents are encouraged to come. Get a free USB with heaps of info to help you get a job. No need to register—just come!	Larry Grumley is a head English teacher and a senior marker and supervisor of marking for the HSC English exams. He has been a member of the committee which sets the new English syllabus and is an author of numerous HSC and preliminary English study guides, including the leading Excel and Warrigal series. Larry has been holding HSC lectures over many states for more than ten years. Tickets \$5.00 each per person. On sale from Monday 19 May.
26-30/5 Yr 11 Half Yrly Examis	11/6 Sydney West Cross Country

26-30/5	Yr 11 Half Yrly Examis
27/5	P & C Meeting
2—6/6	Yrs 9 & 10 Half Yrly Exams
5/6	Zone Athletics

11/6	Sydney West Cross Country
19-24/6	Yr 12 Major Exams
24-25/6	Sydney West Athletics
25/6	Semester 1 Awards

TEAMWORK

RESPECT

ACHIEVEMENT

Windsor High School

School Report

STOP PRESS: p & c meeting 24th June 2014. Principal will table the Annual

Exam Anxiety

References: *Dealing with Exam Anxiety* http://childpsychologist.com.au, *Beating Exam Stress* http://au.reachout.com/ *Managing Exam Stress* and *School Exam Stress Busters* www.schoolatoz.nsw.edu.au, *Exam Stress* www.kidshelp.com.au

Many students work well under stress, with the pressure of the timeline helping them to focus on the task at hand. However, some students struggle when feelings of stress become too overwhelming. Fears about failing, letting someone down and missing out on opportunities can weigh heavily on teenagers minds.

Common signs of exam anxiety:

- Irritable and emotional (anger, tears, etc).
- Problems sleeping.
- Spends more time alone than with friends.
- Physical symptoms include sweating, nausea, butterflies, racing heart, fidgeting, etc.
- Negative thoughts impacting on their self esteem.
- Struggling to keep on top of everything leading to difficulty concentrating and memory problems.



What can you do?

FAMILY

- Be tolerant and understanding of the anxiety they a experiencing.
- Be a support, not an added pressure.
 Provide healthy meals and monitor their caffeine consumption.
- Encourage good sleep habits.
- Acknowledge that study may have to take priority over family commitments.

FRIENDS

- Keep in touch! Having a break with friends is an important part of managing anxiety.
- Remember that friends are also studying and form a study group.

PLAN

- Work out a study plan and stick to it.
- Break larger tasks into smaller tasks.
- Put breaks for exercising and socialising into the pla
 Exams and the pressure that comes with it are part
- life for teens. Learning how to cope with it is something they all need to experience. They are responsible for their decisions and will have to acce the consequences.
- Remember plan, don't cram.

THE BIG PICTURE

- Know your options after exams regardless of the results, there is always another path.
- Avoid people who put unnecessary pressure on you and don't do it to yourself.
- Contact your school supports if you need help teacher, year advisor, school counsellor, etc.

DAY TO DAY

- Eat well and get plenty of sleep.
- Limit screen time as it is too easy to waste hours on computer games / facebook / etc.
- Take time to relax (a bath, yoga, bike ride, surf, etc), whatever works to calm your mind.
- Take it one day at a time, one unproductive study session doesn't mean they will all be like that.

ON THE DAY

- Eat breakfast, a hungry stomach is very distracting.
- Arrive early and with all equipment needed.
- Wait with friends who are calming to be around.
 Use deep breathing at the start and during the exam
- Use deep breathing at the start and during the exam to keep relaxed.
- Leave time to proofread through your work.

DISABILITY SURVEY

Our school is participating in the collection of nationally consistent data on school students with disabilities. We will be collecting information already available in the school about the support that is being provided to students with disabilities. For the purpose of the survey the definition of disability is defined as a student who has had some adjustments to the regular course of learning. Better data will help the Government plan for students with all types of support needs and to improve student outcomes. The data collection will have no direct impact on your child and they will not be involved in any testing process.

The NSW Department of Education and Communities will provide data to the Australian Government from all NSW public schools in such a way that no individual student or school will be able to be identified. In this way, we will ensure the privacy and confidentiality of all students. All information is protected by privacy laws which regulate the collection, storage and disclosure of personal information. Information about the Australian Government's Privacy Policy can be found at: http://education.gov.au/condensed-privacy-policy. Information about the NSW Government's privacy policies can be found at: http://www.ipc.nsw.gov.au/

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