



**WINDSOR**  
HIGH SCHOOL

# Week 8 Term 3 2022

**SAFETY TEAMWORK ACHIEVEMENT RESPECT**

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Facebook:

[www.facebook.com/windsorhighschool](https://www.facebook.com/windsorhighschool)

**Website:**

**[windsor-h.schools.nsw.edu.au](http://windsor-h.schools.nsw.edu.au)**



Windsor High School Wellbeing Week



Week 8 of Term 3 is the week that both students and staff look forward to each year. Wellbeing Week is most certainly the best week on our annual calendar and a huge thanks goes out to Mr Harkins, Mrs Khalid, Chelsea and Jess for putting in an enormous amount of time to make it a great success. Our SWAT team of hard-working Year 10 students and our fabulous TAS Faculty also need a huge shout out for the wonderful work they have done to make the week so much fun for all with very yummy snacks and drinks. The photos coming up say it all!

This week also saw our school host a very successful Hawkesbury Schools Performing Arts Festival, thanks to Mr Bonacorsso for organising this event. It was a big job to co-ordinate, but as always, Bono did a fabulous job. Thanks again to TAS – Mrs Luck, Cheryl and some dedicated Year 11 Hospitality students who kept staff from visiting schools, performers and audience members fed well! Mrs West assisted with photography and sound.



**OPPORTUNITY**



**INNOVATION**



**SUCCESS**

**White  
Ribbon  
SCHOOL**

Tuesday's assembly was lots of fun, and the array of pyjamas was great!

Congratulations to the students who received a PE Faculty Award this week – Brooke, Michaela, Liam, Keely, Lachlan, Tayla, Tamara, Edison, Kendra, Lauren, Ben, Kelly, Zoe and Amy.



Our new Student Leadership Team 2023 were introduced – Captains Darcy, Jordan, Layla, Skye and Prefect Lauren. Well done!



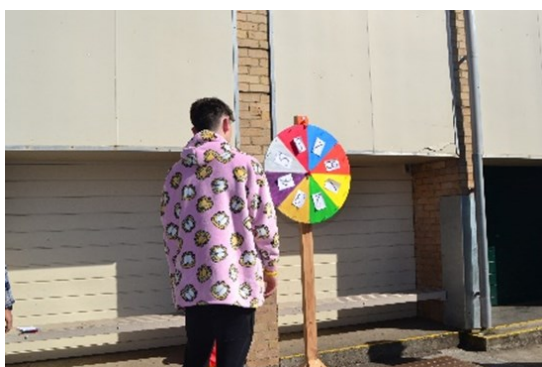


Queen West finally managed to wake up Prince Feau (with Upsy-Daisy for company) and they awarded our Vivo prizes to Dane and Brandon. Well done boys!



They had a spin of the wheel and won...

Sausages!! A sausage sizzle for 18 of their closest friends  
At lunchtime



And Mr Archer won the teacher draw, he raced to the front in his fabulous nightie, spun the wheel and received...



A bottle of prune juice! What a fabulous wellbeing week prize.



Queen Wests last duty was to dub a new Prime Minister for Windsor High. Britain may have Liz Truss, but we have our very own Liz Ruis, now the (un)official PM of WHS! Not many PMs are sworn in whilst wearing their dressing gown!





Year 12 Industrial Technology Wood and Metals have completed their major works, which have been marked by external HSC markers. Congratulations to Seth who made a trailer for his dirt bikes, Lachlan who built a metal work bench and Rhianna who built a bench seat. We can't wait to see what marks were received!



Our u/16s teams played Richmond HS last week.

The girl's Oztag team dominated from start to finish, building on their combinations with some big inclusions back in the team for the local derby running away 8-0 winners.

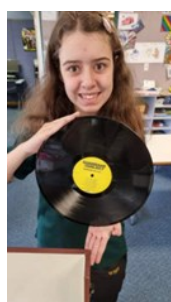
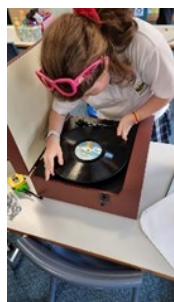
The boys Rugby League team had experience and size on their opponents winning the game convincingly.

The impressive stat was keeping our opposition to nil

Well done to both Squads, Arndell up next!



Support Students enjoy their music lessons.



Year 12 Biology students visited the Museum of Human Disease at UNSW. Students consolidated their understanding of infectious and non-infectious diseases and disorders by examining over 2,500 diseased human tissue specimens. No photographs allowed for obvious reasons in the museum but we were allowed to get a shot with Sally the Skeleton at the entrance.



Year 10 Food Technology turned the kitchen into a 'pizzeria' this week with some interesting taste combinations, the favourite was pepperoni and cheese.



Congratulations to the Year 11 hospitality class for creating a delicious morning tea and lunch for our visiting Principals last Friday. They worked together as a team to make ham and cheese frittata, fresh scones with jam and cream, yogurt cups with granola and berry compote, and gluten free choc chip biscuits for morning tea. Lunch was a choice of salads, fruit and cheese platters. Amazing job team!





Think you could catch this mischievous monkey? Come along to our Yr 7, 8 & Support Unit "Night at the Museum" Fun Night on Friday 16th September. You can compete in the Ring Toss game before the film to see if you can catch Dexter! - get your note back to the Front Office asap.



As always, we love our busy weeks at school. A big thanks to all the students who have participated in Wellbeing Week! Enjoy the photos on the next few pages!

K. Thompson  
Deputy Principal

# Wellbeing Week 2022!!

RESPECT



ACHIEVEMENT



TEAMWORK



SAFETY





RESPECT



ACHIEVEMENT



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SAFETY





## PDHPE News

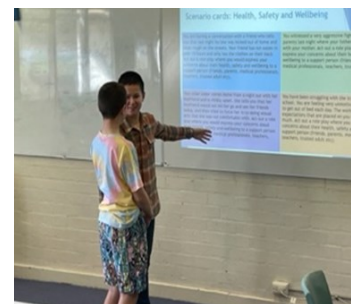
As always, the combination of classwork, practical lessons, integrated sport and knockout sport ensures there is always lots happening in the PDHPE faculty. I would like to thank Miss Spencer, Mr Harkins, Mr Litchfield, Mr Fagan and Mr Mansfield for their efforts this term. They have gone above and beyond to provide the students of Windsor High School multiple opportunities to represent our school on a number of times and in multiple sports. Without their dedication and time many of the opportunities provided would not be possible. Mr Muscio

### **Assessments**

Year 7-10 PDHPE and PASS Term 3 assignments have been handed out recently. Students are allocated a 2-3 week period and some class time to complete the tasks. It is imperative that students apply their best efforts to ensure they receive a mark that is reflective of their ability and submit the task punctually. If students require another copy of their task they can access it via Google Classroom as each class has their own page. In PDHPE students are assessed on their theoretical knowledge and their ability to apply the practical skills they have developed in physical education classes. Both components are equally important, providing students multiple opportunities to display their skills and understanding in PDHPE.

Students are advised to speak with a PDHPE teacher if they require further assistance.

In the photos below 7W can be seen completing group work activities.



### **PDHPE Practical Lessons**

Practical lessons make up 50 percent of the PDHPE curriculum. In these lessons students develop and improve skills in striking, fielding, net and court sports and invasion games to name a few. Students learn some valuable life long learning skills in these classes including team work, problem solving, communication as well as the obvious health and skill related components of fitness. We encourage all students to participate to the best of their ability as we know that this is how improvements are made and new interests and hobbies are developed.

Below is a photo of Mr Mansfield's Year 9 PASS class playing a game called 9 Square in the Air (a modified game of Volleyball) the students and as the photos indicate the Principal Mrs Hawken love it. Congratulations to Mr Mansfield for his patience in coaching Mrs Hawken to successfully serve and hit the ball!!





## Sporting Schools

Sports Australia continues to offer access to specialised coaching and funding for school students. The grant allows schools to choose between engaging specialist coaches or utilise teacher expertise for a 4-week program with the aim of encouraging students (particular girls) to engage and promote participation in physical activity by developing sport specific skill sets. This term we decided to use the PDHPE teachers' expertise to run the coaching sessions. This allowed the purchase of more equipment and training time for our selected 2 sports: Orienteering and Soccer. Our orienteering team entered into the Sydney West Orienteering tournament and had some pleasing results as described by Mr Litchfield in his article below. Soccer is always a favourite among the students and thanks must go to Mr Philp and Mr Cotter who run the lunch time interest group program each Thursday.

## Sydney West Athletics

WHS had a number of students represent our school at Sydney West Athletics earlier this term. Congratulations to Ethan Symes and Lillyann Wilson who both qualified for CHS Athletics – an outstanding effort. We wish you well.

## Orienteering

On Friday August 12, Windsor High was represented by 16 students from Year 7, 8 and 9 at the Sydney West Orienteering Competition at Nurragingy Reserve in the Western Sydney Parklands. The day offered challenges for our students as they navigated around the reserve, putting their map reading skills into practice. Curtis Lehrer, Isaac Attard, Isaac Fitton and Luke Telfer took places 4th, 5th, 6th and 7th for the Yr7 and 8 Boys competition; while Samantha and Evie achieved 10th position in the relay competition.

I hope to continue to assist all students who competed in refining their orienteering skills in orienteering for next year's competition. Orienteering offered a fantastic opportunity for students to get out into nature and experience sport in a more unique way while also developing fundamental navigation skills and understandings.

Mr Litchfield



## Girls Basketball

On the 12th of August our Under 15s Girl Basketball Team competed in the round 3 Sydney West Knock Out competition. The Girl's fought hard against a strong team from Hills Sports High, unfortunately it wasn't our day. A big congratulations to the team for turning up to regular training sessions and making it this far in a tough competition.

Miss Spencer



## Girls Netball

On Monday the 6th of September our Under 15s Netball Team competed against Cumberland High School in the Sydney West Knockout Competition. Maddy, Ellie and Ella dominated the shooting circle scoring 39 goals. Ellie and Tamara executed dream feeds to our shooters, the combination of our attacking end worked seamlessly together. Our defence Teagan and Cheyenne stopped many balls from entering our opponents end and helped assist move the ball down the court. Ebonie and Rebecca were constantly jumping and intercepting feeds into the circle displaying great defensive skills. The girls all demonstrated fantastic teamwork from start to finish. A big congratulations for progressing to the next stage of the competition. Great win 39-26. We are very proud of you all. Thank you to Isabelle for being our team umpire and assisting in scoring and a massive thank you to the parents who fought the traffic to get the girls there and back, we appreciate you! Miss Spencer



## Boys Rugby League and Girls Oz Tag

Term 3 has been a busy one for our U16s teams. With fixtures against multiple local schools locked in both teams have been training regularly and showing tremendous commitment

The girls' team has been competing in Oztag. Matches winning convincingly against both Riverstone (18-0) and Richmond (8-0).

The real test will be in the coming weeks with a Rugby 7s game against Arndell and a 13 a side league game against Hawkesbury. The girls will make history in these games - becoming the first female full contact Rugby/Rugby League team to represent Windsor High School.

The boys have a full squad of 20 players who all play outside of school for local clubs making it all about building combinations. After a couple of wins earlier in the term, the real test will come with 3 games in 11 days for the boys including the annual Panther Trophy gala day at Whalan Reserve on Thursday 8/9/22.

We wish both squads all the best in the coming weeks. If you would like to support the teams come down to Windsor Leagues Stadium on Monday 12th September from 3.30pm where Windsor take on Arndell in a double header.

Mr Harkins







# 2022 SUMMER SOCCER

## ONLINE REGISTRATIONS NOW OPEN

**SEASON STARTS 21ST & 22ND SEPTEMBER**

**WEDNESDAYS**

U10 GIRLS - ALL AGE LADIES  
ALL AGE MIXED

**THURSDAYS**

U5-U12 MIXED  
U12 BOYS - ALL AGE MENS  
OVER 35 MENS

REGISTRATIONS & PAYMENTS ONLINE VIA DRIBL  
DIRECT LINK & INSTRUCTIONS ON OUR WEBSITE  
U5-U16'S FREE REGISTRATION WITH ACTIVE KIDS VOUCHER

ONE OFF UPFRONT PAYMENT PER REGISTRATION  
- NO WEEKLY MATCH FEES -

***TEAM MANAGERS MUST REGISTER THEIR TEAM  
BEFORE PLAYERS CAN INDIVIDUALLY REGISTER***

admin@colosoccer.com.au  
www.colosoccer.com.au



**\*\*\*SAVE THE DATE: Friday 16<sup>th</sup> September\*\*\***



Students in Year 7 & 8 are invited to attend an exciting extracurricular event, Windsor High Schools “Night at the Museum Artifact Display & Movie Night!”

The evening will be held in the School Hall, and will begin with a display of amazing museum-themed projects created by students in HSIE, and other subjects, during 2021 & 2022.

**This will be followed by a screening of film “Night at the Museum 3: Secret of the Tomb” (PG).** Students will pay \$10 to enjoy a sausage sizzle & other delicious movie style treats provided. There will also be a few games, a ‘Lucky Door Prize’ and prizes for ‘Best Dressed Historical figure/character’ for those who decide to join the HSIE Staff who will be dressing up for the occasion!

*(All Year 7 & 8 students received a hard copy of the permission note about this event, and an electronic copy has also been sent to all student and parent emails).*

We are very excited to finally be able to show off the amazing talent and efforts students made in creating artifacts, board games and posters from their “Ancient Civilisations Unit’ (Year 7) and Viking Era Topic (Year 8).

**\*\*\*Only one more week left to get your NOTE & MONEY into the Front Office asap**



Ask us about our new Under 12 girls competition!!!

# HAWKESBURY BASKETBALL

## Monday Skills:

Beginners skills for  
boys and girls 10 to  
14 years



**Tuesday Girls:**  
Beginners skills for  
girls only.  
10 to 16 years

## Aussie Hoops:

Fridays: 5 to 7 years  
Saturdays: 8 to 10 years

### Other Comps and Skills

Under 19 Comp  
Adult Men's Comp  
Adult women's Comp  
Walking Basketball  
Special Olympics

## Junior Competitions for Summer

Under 10s (mixed)  
Under 12s (mixed)  
Under 12 girls (new)  
Under 14 boys  
Under 14 girls  
Under 16 boys  
Under 17 girls



Coming for Summer 2022 2023

Competition!!! Don't forget our Girls Got Game  
girls only basketball skills program on Tuesdays  
too [#girlsgotgameathawkesbury](https://www.instagram.com/girlsgotgameathawkesbury) 🏀🏀🏀

## UNDER 12 GIRLS BASKETBALL COMP

New Comp for  
Summer at  
Hawkesbury  
Basketball

Saturday Mornings at The Hangar  
Hawkesbury Basketball in South Windsor  
All girls teams for girls aged 7 to 11

Beginners welcome

Ask us about our girls only skills programs too.



[www.hawkesburybasketball.com](http://www.hawkesburybasketball.com)



RESPECT

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# All Abilities Cricket Program (AACP)

For Players with Special Needs

**Mission:** To enrich social & physical wellbeing by promoting Cricket as an inclusive All Abilities sport for children and adolescents with special needs.

## Come Play Cricket With Us – AACP

**Age Group:** 10 – 17 Years

**Duration:** 10 Weeks (Starting Friday 23 Sept 2022)

**Session Day & Timing:** Fridays 5:30 PM – 7:00 PM

**Location:** Schofields Park (Near Schofields Public School)

**What You Need:** Basic Cricket Kit (Gloves, Pads, Guard, Helmet)

**Cost:** \$25

### Register Now:

Go to [www.playhq.com](http://www.playhq.com) → Search for Schofields Cricket Club → Click on 'Register' tab → Register under the 'All Abilities Cricket Prog (AACP)-Players With Special Needs' option.

Contact Us – [schofieldscricket@hotmail.com](mailto:schofieldscricket@hotmail.com) or 0434 083 057

**Schofields Cricket Club - Est. 1924**





At  
Maraylya Hall  
(Boundary Rd, Maraylya)  
on  
Friday 9th September  
6pm  
Prizes to be won.

Presented by Cattai Public School P&C Assoc.

5 games of Bingo and a Burger for Dinner for \$10pp.

Soft drinks/water available to purchase.

All welcome.

Book at <https://www.trybooking.com/CBROK>

This is a child friendly event. Enquiries to Kim on 0419 435 022

## CALENDAR TERM 3

|  |                       |
|--|-----------------------|
| Monday 12th September—<br>Wednesday 21 September | Year 11 Exams         |
| Tuesday 20th September                           | P&C Meeting at 6.30pm |
| Thursday 22nd September                          | Year 12 Graduation    |
| Friday 23rd September                            | Last Day Term 3       |
| Monday 10th October                              | First Day Term 4      |

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