



**WINDSOR**  
HIGH SCHOOL

# Week 8 Term 1 2023

**SAFETY TEAMWORK ACHIEVEMENT RESPECT**

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## Contents

Pages 1– 8	Executive Report
Page 9-15	PDHPE/Sports Report
Page 16	Laps for Life
Page 17	Homework Club
Page 18	Safe Space
Page 19	Calendar



Leyla—Year 8– Mask Design



Facebook:  
[www.facebook.com/windsorhighschool](https://www.facebook.com/windsorhighschool)

**Website:**

[windsor-h.schools.nsw.edu.au](http://windsor-h.schools.nsw.edu.au)

Week 8 has been a busy week at Windsor High School, with so many activities occurring throughout the school. One major event has been the NAPLAN testing for Years 7 and 9, who have completed their Writing and Reading components of testing. Students have been working well in the examinations and should be proud of their efforts so far. Next week, Years 7 and 9 will be finalising the NAPLAN exams with the Language Conventions and Numeracy Tests. Students who have missed any of the exams will have a small window of opportunity to sit a catch-up exam. We wish all of our students well and look forward to receiving their results. These results will be beneficial to each faculty and classroom teacher as it assists in developing programs and differentiating learning for our students.



**OPPORTUNITY INNOVATION SUCCESS**

Our assembly this week focused on kindness and how a small gesture of kindness can go a long way. We advocate that our students can aim to be absolutely anything they desire to be, but what is of greatest importance is that they are kind. We frequently have conversations, reminding students to treat others respectfully and to be positive in their interactions with others. This message is continuing on Friday, with our Year 7 students participating in the 'Bullying, No Way Day' where students will participate in a range of activities to promote kindness and anti-bullying.



William, Brandan and Brianna were rewarded at assembly this week for their achievement in the areas of Safety, Teamwork, Achievement and Respect. Mr Phan was acknowledged as our staff representative who has rewarded his students and has contributed to the school this week. Congratulations and we hope you enjoy your very well deserved prizes.



A reminder to everyone that Harmony Day is coming up on Tuesday 21<sup>st</sup> March. At Windsor High, we believe that our diversity is our strength and everyone belongs. This day is for us to celebrate multi-culturalism and young people of culture. Students will be allowed to wear an orange accessory on top of their school uniform to celebrate the day. They should bring a gold coin donation and Harmony Day cupcakes will also be available at the canteen for \$2.00. We will be celebrating Harmony Day at our weekly assembly and students will have the opportunity to dress up and present their cultural dress to the school. Keep an eye out on Facebook and in next week's newsletter for photos of the day.

A message to parents and guardians regarding staff contacts and the best point of contact if you wish to speak with a staff member. If you wish to discuss a subject related matter, please contact the Head Teacher of the faculty who will be able to assist you with your query. If you have a question about your child's general progress or if there is a welfare concern, please contact your child's Year Advisor or our Head Teacher of Wellbeing. If there is a serious concern regarding behaviour, then please ask for one of the Deputy Principal's responsible for your child's year group. Please be mindful that all of these staff, including Deputy Principals are on a teaching load and they will respond to you as quickly as possible; however, some days are very busy for them. You can phone the school or send an email to the Windsor High School email address. Please speak to staff in a respectful manner as we will not tolerate abuse of any staff member at Windsor High School.

The barista skills interest group enjoying their espresso coffee training - today they made a Mocha!



Year 11 Hospitality whipped up individual pizzas this week, garlic & cheese, bbq meat lovers or pepperoni. They were devoured very quickly.



Year 10 made vegetarian carrot cupcakes with lemon icing. Students are learning how to modify recipes for people with different dietary requirements. Surprisingly they all really liked them.



Year 8 Agriculture students visited the farm today and found a new baby chicken, with another one hatching. This little black chicken is one of our Frizzle's, they are so cute!



Year 12 made café treats this morning with fresh banana bread and tropical mango and pineapple or berry smoothies! Some clearly love having their photo taken at 9:15am.



The Piontek family have graciously donated assorted stationery to be used as awards for our STAR program. We sincerely thank them for their kindness and generosity.



MC1 have been refining skills of addition and subtraction, along with gaining a greater understanding of the value of money by incorporating Monopoly into their Maths lessons. As a class, they are also improving their social skills through good sportsmanship and respectful communication.



Laura, Evie and Sam exhibited the school's goats at Blayney Show on Saturday 11th March. Rayon was awarded Senior Champion, Twix; Junior Champion and Jellybean; Kid Champion. Congratulations to all involved!



Student Leader Skye Burn cut her luxurious hair for the 🍊 World's Greatest Shave 💙

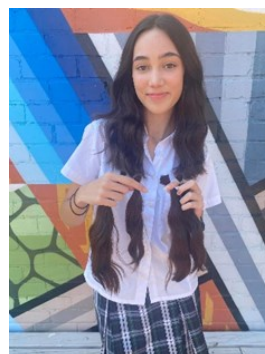
Her ponytails will be sent off and turned into wigs for people with cancer.

To donate to Skye, please follow the link:  
<http://my.leukaemiafoundation.org.au/skyeburn>

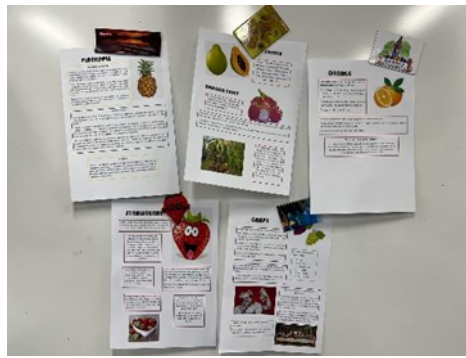
Power to you Skye! See the full hair cutting video on our Facebook page.

Windsor High students and staff will be shaving, cutting, waxing legs & colouring their hair on the last day of Term (6 April) to raise money for World's Greatest Shave.

#worldsgreatestshave #bloodcancer #missionpossible



Last week Year 11 Advanced English studied Christina Rossetti's poem 'Goblin Market'. This week they received a treat for their hard work, FRUIT SALAD! The catch? A lesson on symbolism and the symbolic meaning of each ingredient. It was a yummy, yummy lesson. Year 10's recipe was Chimicurri Steak with grilled pita and salad. Students really enjoyed this dish and it looks delicious! Thanks Ms Hinrichsen and Year 12 agriculture for the school grown radishes.



We have 8 students from the Support Unit participating in the Positive Paws Program at the Guide Dog Training Session in Glossodia this term. We are very proud of the positive way they are representing Windsor High School each week.

There is lots of new information each week and the students have been asking some very thoughtful and considerate questions.

The first session included going through the safety and hygiene when interacting with the puppies and dogs. A few disappointed faces that we did not get to see the puppies during this session, however we got to learn about their eating, feeding, social and medical requirements and what life is like for the Guide Dogs across many of the amazing programs they run.

During our second and third weeks, the students got to meet some of the puppies and learn how to work with them in one of the enrichment areas, helping them to get exposure to being around new people and environments. They also learnt about the puppy ages and stages of development.

Keep an eye out for more updates soon!



Our two Year 11 Hospitality classes received their uniforms this week, don't they look impressive!



Year 12 Biology attended Sydney Zoo on Wednesday as part of their Genetic Change topic. Students explored conservation in zoos and got to engage with Zoo Keepers in regards to gene pools, genetic diversity and genetic drift in populations. Students explored the importance of zoo conservation programs and got a behind-the-scenes look at how the zoo operates, as well as up close encounters with a range of animals found on the African Savannah.



On Tuesday, 14 March, the Student Representative Council (SRC) took part in Clean Up Australia Day, a nationwide initiative performed by all schools. Upholding the cleanliness of our school and its surroundings is integral for a positive atmosphere of learning, and a testament to the standards of Windsor High School. Though it is difficult to allocate time regularly to clean our school (especially because of wet weather) any amount of time, makes a difference. Hence the SRC spent time cleaning the school's interior and bettering the environment.



On Wednesday afternoon, the Opens Boys Touch team played Katoomba High School who travelled 2 hours via train to compete.

The match was played in front of 250 Windsor High students which created a great atmosphere cheering the boys on.

A very tight first half played in great spirits saw both teams go to the break at 3 all. After some readjustments at half time the boys played like a different team running away with it 8-3. The boys are now into the final 16 in the Sydney West bracket!



Warm regards  
Jane Lidbury  
Acting Deputy Principal



## PDHPE Report

Term 1 is always busy in the PDHPE/Sport Faculty. Within the classroom students are learning about various health concepts including Wellbeing, Safe Choices, Diversity, Culture and Mental Health. In practical lessons students have developed skills in activities such as Dance, Striking Sports, Target Games, Contemporary Games and Athletics.

Our annual Swimming Carnival at Riverstone Swimming Centre was a great success, we hosted the Macquarie Zone Swimming Carnival, students attended Macquarie Zone trials for Boys and Girls Basketball, Boys Rugby League, Boys and Girls Soccer, Girls Netball and Sydney West Baseball and Softball (Boys). Additionally, we have entered a number of teams in the CHS Knockout competition including Boys and Girls Basketball, Boys Cricket, Boys and Girls Soccer and Boys and Girls Volleyball.

Upcoming events include the Windsor High School Cross Country Carnival scheduled to be held on Wednesday 5<sup>th</sup> April (Week 11) and the Athletics Carnival - scheduled for Wednesday 11<sup>th</sup> May.

Our highly successful Integrated Sport Program (Wednesday Sport) continues to provide all students with the opportunity to engage in a fun and competitive sporting environment. Students play in small teams against other members from their peer group with minimal contact. Our sports program is designed to develop and promote maximum participation whether that be participating in the game or through developing skills in refereeing and point scoring if they are injured or ill, either way contributing to the program is valued extremely highly. If you require further information, please call the school.

### Assessments

Year 7-12 PDHPE and PASS Term 1 assignments have been handed out over the past two weeks. Students are allocated a 2-3 week period and some class time to complete the tasks. It is imperative that students apply their best efforts to ensure they receive a mark that is reflective of their ability and submit the task punctually. If students require another copy of their task they can access it via Google Classroom as each class has their own page. In PDHPE students are assessed on their theoretical knowledge and their ability to apply the practical skills they have developed in physical education classes. Both components are equally important, providing students multiple opportunities to display their skills and understanding in PDHPE.

Students are advised to speak with a PDHPE teacher if they require further assistance

### Deodorant

A reminder that the Department of Education does not permit the use of aerosol deodorants on school premises as it can trigger respiratory issues for some students. Students are encouraged to use roll on deodorants to maintain their personal hygiene.

Mr Muscio (HT PDHPE/Sport)

RESPECT

ACHIEVEMENT

TEAMWORK

SAFETY

## Sports Report

On Thursday 16th February, Windsor High School held their Annual Swimming Carnival for 2023. We were treated to some outstanding weather which contributed to good participation throughout all Year levels. Students participated in a number of competitive race events including freestyle, backstroke, breaststroke, butterfly and relay events, as well as the novelty events of bodyboard relay and pool noodle race which had an emphasis on participation.

It was fantastic to see the House Spirit shown from all students, especially with the opening ceremony of the House chants, as well as the 'Fashions on the Pool Deck'. An increased emphasis on House Spirit will occur in our upcoming Athletics and Cross-Country Carnivals.

A big thank you to all of the staff who contributed to making the day a success in a multitude of ways, prior to or during the carnivals, especially the PDHPE staff. But most importantly, well done to all of the students who ultimately made the carnival the success that it was.

Congratulations to all students in Jirramba House, as well as House Patron Mr Philp, for winning the overall Swimming Carnival for 2023.



### Macquarie Cup Girls Soccer Tuesday 21/2/2023

The girls had a great day out at the Macquarie Cup soccer tournament despite a very hot day and also taking along a team with majority of junior students and no permanent goalkeeper. The pool Windsor was in included Colo, Kellyville and Rouse Hill High Schools, all very strong teams.

Game 1 we were up against Colo High School and some of the girls were just getting to know each other's names. Zoe started the game in goalkeeper and did a fantastic job working with her defence line including Kendall and Abby who kept the middle strong. Despite a great effort we lost 3-0 but was great to see the girls working together, especially Lilly, Indy and Chloe in the middle of the field with lots of opportunities generated.

Game 2 was quickly upon us, against Rouse Hill who ended up progressing to the finals. A tough competition and unfortunately due to a lack of goalkeeper we struggled to keep the goals out. Great determination by all the girls, especially Sienna, Romane, Katrina and Lucy in goals.

Game 3 against Kellyville saw our first goal of the tournament and another change of goalkeeper – this time Jaylee. A great team goal with Indy, Lilly and Chloe working well with their lightning speed at the top of the park and some great movement off the ball. It was an end-to-end game, but unfortunately Kellyville got a late goal and took the points.

Despite a very young team and some that had never played soccer or with one another, the girls team did exceptionally well throughout the day, showing off great sportsmanship and teamwork. We look forward to seeing this team develop over the coming years and we move on to Round 2 of the soccer knockout competition. Congratulations to Lilly for getting selected for the Macquarie Zone girls team.



### **Macquarie Cup Boys Soccer Tuesday 21/2/2023**

Windsor High School's Macquarie Cup boys team gave another improved showing of themselves on what was another hot day at Inalls Lane.

Taking on the formidable Colo High School in the first match the boys were unlucky to go down 3-2. Ethan Symes was a constant threat with his speed and got Windsor off to a flying start. Windsor defended well, limiting them to shots from distance, unfortunately, Colo pegged them back with 3 late goals from outside the box.

In the second game Windsor were matched against one of the tournament favourites Rouse Hill. The senior defensive line of William, Jason, Liam and Noah held strong in the first half, unfortunately, fatigue set in in the second half leading to a four to nil rout.

In the final game the boys regathered themselves to put on a dazzling performance against Kellyville. Tristen was a constant thorn in Kellyville's side and was rewarded with a well taken goal. A couple of goals for Kellyville against the run of play eventually contributed to a 2 -2 final score. Well done to all those that participated and a special mention to the juniors who stepped up to play in the senior competition.

### **Basketball - Macquarie Cup Gala Day**

On Monday 13<sup>th</sup> Feb our Opens Boys and Girls Basketball Team represented Windsor High in the Macquarie Cup Gala Day at Hawkesbury Stadium. Both teams competed fearlessly and displayed fantastic teamwork skills throughout the day. It was great to see both teams cheering on one another and thank you to the boys who passed on their insightful tips to the girls team. Well done to all the students involved.



## Boys Macquarie Cup Basketball – 2023 Report

On 13<sup>th</sup> February Windsor High School competed at the Macquarie Cup basketball tournament. This was an opportunity for students to represent the school and to trial for the Macquarie Zone team.

The boys team started the day with difficult games against The Ponds and Kellyville. The boys competed well for portions of these games, shifting the momentum, and putting on a good run of points. Unfortunately, they were overpowered in the end in both of these games.

Next were some rivals from closer to home – Richmond and Colo. Windsor played very well and came out winners against Richmond, before a heartbreakingly narrow loss to Colo. The boys started to turn around a deficit against Colo, had the momentum with them, but just ran out of time to complete the comeback.

The boys had a tough end to the day playing against the overall winners, Crestwood who put on quite a display. The Windsor boys took this as an opportunity to trial some more elaborate set plays. Some of these were quite successful and both teams and sets of fans enjoyed the match and spectacle.

All of the Windsor High School boys represented themselves and the school well, and fought hard all day, in good spirit. Well done to all involved: John, Kane, Alvan, Preston, Chayse, Joshua, Sean, Luke and team captain Darcy.



## Basketball - Sydney West Knockout Opens Girls

On Thursday 9th March, the Opens Girls Basketball Team played Hills Sports High in the Sydney West Knockout. The girls put in an amazing effort as they were up against a fiercely competitive team and we displayed good sportsmanship throughout an extremely tough game. Unfortunately, this is the end of the Opens Knockout competition for this team, however, there will be more Basketball opportunities to come shortly. Well done girls.



## Touch Football

In Round 1 of the Touch Football State knockouts both the boys' and girls' squads travelled away to the Blacktown region. The Opens Girls Touch team defeated Mitchell High School in hot and humid conditions. The girls fought back after trailing at half time to run over the top of their opposition 6-5! MVP was Lilly Wilson.



The Opens Boys Touch Football side defeated Evans HS in wet and cold conditions. The boys took control from start to finish winning 18-1.

Try Scorers:

Ethan 5, Kyle 4, Brodie 3, Dane 3, Jason 2 and Alvan 1



## Cricket

Round 1 of the CHS Knockout tournament saw Windsor take on Castle Hill High School. Although we were down on numbers, we were full of hope at the beginning of the day. Sent into bat first, Windsor looked good to start, with our opening batting pair of Rian and Ethan. Rian was our player of the match as he shone with both bat and ball. Rian played some lovely shots, achieving the highest score of the team, while Ethan took a more defensive approach to batting. Our batters tried their best to withstand some excellent bowling from Castle Hill but were all out for 69. While it didn't take long for Castle Hill to get the score, our bowlers had some fun trying to take each wicket. In the end, Castle Hill was too good for us on the day and progressed to the next round. Good luck to Castle Hill. Special mention to Tristan for the great pace bowling and Ethan for hitting the most boundaries in the team.

## Volleyball

History was made as both the Opens Boys and Girls Volleyball teams won their respective matches to advance to the Round of 16 of the Sydney West KO. The girls came back from a set down to defeat Cranebrook HS with Lily and Amy leading from the front. In the boys it was a team effort in straight sets win against Katoomba!

Congratulations to all students on how well they represented Windsor High School.



### Girls Volleyball Round 2

Girls Volleyball team had progressed into round 2 of the CHS Knockout full of confidence after a great win in round 1. Our opponents were Cumberland High School who looked a serious team in warm up, but our girls were ready for a challenge. In the first set, the 2 teams were quite even, going point for point with Lilly and Ebonie steering our team forward. In the end, Cumberland were too strong winning the first set 25-22. In the second set, Cumberland's experience started to show through and took the set away from us, it was clear they had talented Volleyball players. Our girls remained determined with strong performances from Amy and Jacinta, although Cumberland were just too strong, winning the game in straight sets.



### Netball - Sydney West Knockout Opens Girls

The Opens Girls Netball Team took front and centre at Hawkesbury Indoor Stadium on Thursday afternoon in the round 1 of their Knockout Campaign. They started strong and held their own for the duration of the game. The girls worked seamlessly together and displayed a strong connection down the court. All the lunchtime training sessions in preparation really paid off. Congratulations on not only the win 43-34, but this was also the first time Hawkesbury High has been knocked out of the competition in round 1 in 11 years. We wish the girls the best of luck as they move forward in the competition and compete against Colo High in Round 2. A big thank you to Cheryl and Belle for both umpiring and Teagan and Mrs Drady for scoring.



**Sydney West****Rugby League**

Jason (Year 9) Brandon and Hayden (Year 10) represented Macquarie Zone at the Sydney West U/15 Rugby League trials. All the boys played well but a huge congratulations to Hayden who gained selection in the Sydney West Rugby League Squad for 2023. Best of luck Hayden!!

**Baseball and Softball**

Congratulations to Kalin who gained selection in the Sydney West Baseball and Softball teams.

# Laps for Life

Swim for youth  
mental health

## PRESENTS

### THE GREATEST SHOWMAN

## 25<sup>TH</sup> MARCH

DOORS OPEN 6:30PM  
MOVIE STARTS 7:30PM

**\$17 TICKETS**  
**\$5 GOING**  
TOWARDS LAPS FOR CLAY



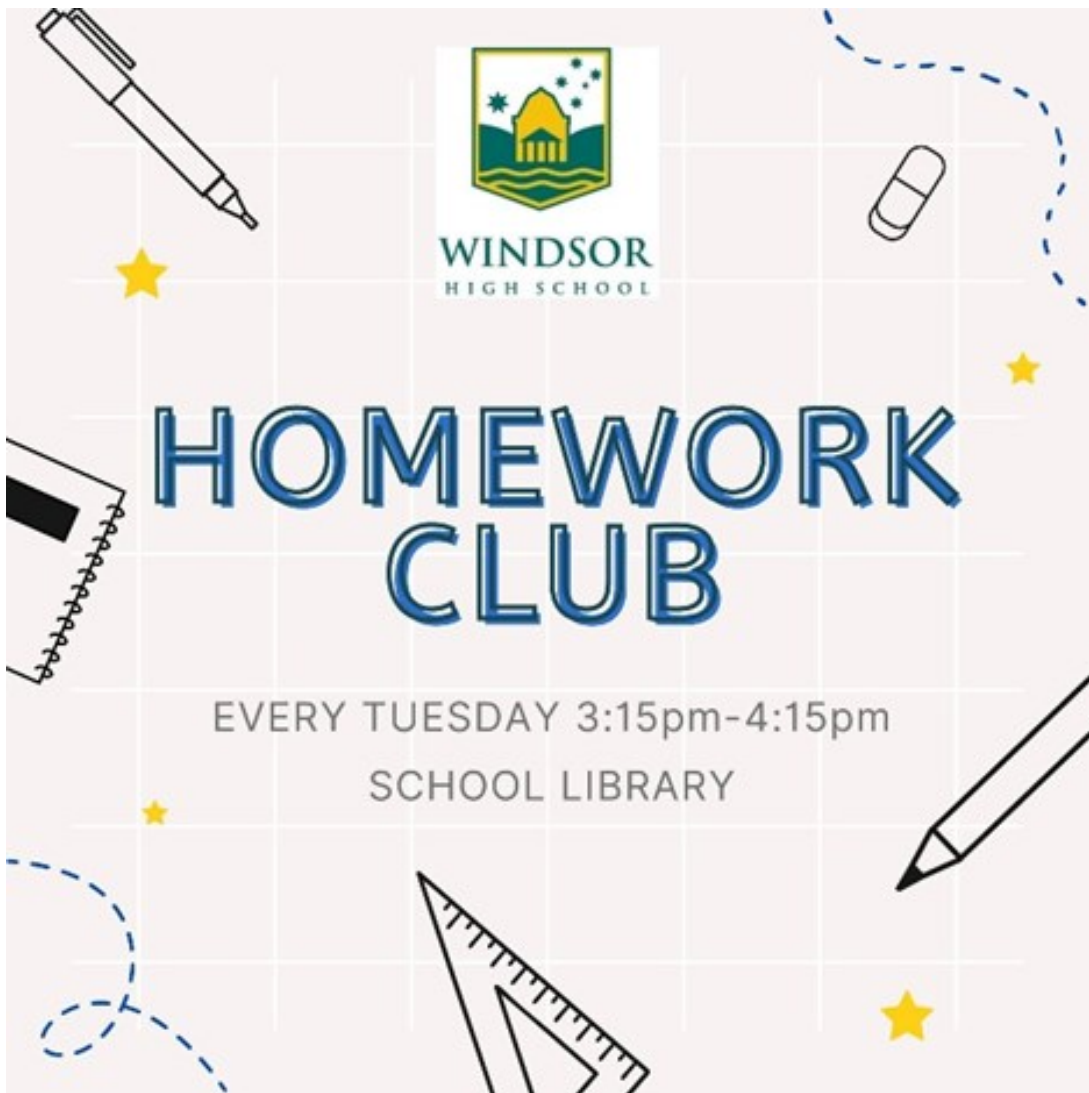


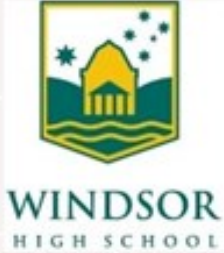


**MATHS TUTORING**

Our Mathematics faculty offer **free** tutoring each week.

**Every Monday - 3:10pm - 4:00pm**



  
WINDSOR  
HIGH SCHOOL

**HOMework  
CLUB**

EVERY TUESDAY 3:15pm-4:15pm  
SCHOOL LIBRARY

Safe Space Blacktown | 24 Panorama Parade Blacktown (corner of Caldwell Place) | M:0402 511 436

# Safe Space

## STRIDE

For better mental health



February/March 2023, Issue #6



**Hot day predicted**

Blacktown City Council will be opening the following cool centres on Monday, 6 March:

1. Riverstone Neighbourhood Centre at 9 Park St (noon to 4 pm)
2. Blacktown Uniting Church at 59-65 Bungarribee (noon to 5 pm)
3. Bidwill Uniting Church at 26 Bidwill Square (11 am to 5 pm)

Libraries around Blacktown City such as Max Webber at Flushcombe Rd & Alpha St are also open to the public as a cool space.

Cool centres are places you can go if you are unable to keep cool at home during hot days.

*A chat over a cuppa can make such a difference*



**Meet the Safe Space team**  
**Thursday 16th March**  
**9.30am - 2pm**  
**Blacktown Workers Club**

COME & SAY HELLO!



**MINDFULNESS ACTIVITIES ARE A GREAT WAY TO CREATE CALM AND HELP GROUND YOU**



What would love to share with you

WE ARE HERE FOR YOU

Our new Safe Space Blacktown email is: [blacktown.safespace@stride.com.au](mailto:blacktown.safespace@stride.com.au)

**Safe Space is open Wednesday - Saturday, 3pm - 9pm**

This Suicide Prevention Service has been made possible by funding from Western Sydney Primary Health Network



## CALENDAR TERM 1 2023

Wednesday 15th March to Thursday 23rd March 2023	NAPLAN
Tuesday 21st March 2023	Harmony Day
Wednesday 22nd March 2023	NAPLAN Language Conventions Catch Up Year 7 & 9
Friday 24th March 2023	NAPLAN Numeracy Catch Up Year 7 & 9
Thursday 30th March 2023	School Photos Catch up Day
Wednesday 5th April 2023	Cross Country
Thursday 6th April 2023	World's Greatest Shave Last Day Term 1
Wednesday 26th April 2023	First Day Term 2

RESPECT

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